

Each Tear

64 Count, 2 Wall, Intermediate

Choreographer: Shaz Walton (UK) April 2010

Choreographed to: Each Tear by Mary J Blige
ft Jay Sean

Start on Vocals – 32 Counts

- 1 Forward Rock. Recover. Step. ½. Rock recover. Step. Forward rock. Recover. Touch. ¼**
1-2& Rock forward on right. Recover on left. Make ½ turn right stepping right forward.
3-4& Rock forward on left. Recover on right. Step left beside right.
5-6& Rock forward on right. Recover on left. Step right beside left.
7-8 Touch left to left side. Make a smooth ¼ turn left keeping weight back on right.
- 2 Together. Forward. ¼. Shuffle forward. Rock. Recover. 1½ triple left.**
&1-2 Step left beside right. Step right forward. Make ¼ left stepping left forward.
3&4 Step forward right. Step left beside right. Step forward right.
5-6 Rock forward on left. Recover on right.
7&8 Make ½ turn left stepping left forward. Make ½ turn left stepping right beside left.
Make ½ turn left stepping left forward. (Replace the 1 ½ triple with a shuffle ½ left if you prefer)
- 3 Step. Lock. Unwind ¾. Together. Side. Touch. Side. Rock. Recover. ¼ . ¼ side.**
&1-2 Step right forward. Lock left behind right. Unwind ¾ turn left (weight remains right)
&3-4 Step left beside right. Take a big step to right with right.
(use left foot to push yourself sideways) touch left beside right.
5-6& Step left to left side. Rock right behind left. Recover on left.
7-8 Make ¼ right stepping right forward. Make ¼ right stepping left to left side.
- 4 Sailor step. Sailor step. ¼. Rock. Recover. Shuffle ¾ right.**
1&2 Cross right behind left. Step left to left. Step right to right.
&3-4 Cross left behind right. Step right to right. Make ¼ left stepping left forward.
5-6 Rock forward on right. Recover on left.
7&8 Make ¾ shuffle turn right stepping R-L-R
(keep it smooth, use your upper body to push you round)
See note below for restart information
- 5 Together. Press/raise. Hold. Back. Rock back. Recover. ¼ side. Rock. Recover. ¼. ¼. forward.**
&1-2 Step left beside right. Step right forward as you raise up on ball of right foot & extend left leg behind.
****Restart here wall 2- see note below) Hold**
&3-4 Step left back. Rock back on right. Recover on left
5-6& Step right to right making ¼ left. Rock left behind right. Recover on right.
7-8& Make ¼ right stepping back left. Make ¼ right stepping right to right side. Step left forward.
- 6 Forward. Rock. Recover. Shuffle back. Rock. Recover. Shuffle ½**
1-2-3 Step forward right. Rock forward left. Recover on right.
4&5 Step back left. Step right beside left. Step back left.
6-7 Rock back on right. Recover on left.
8&1 Make a shuffle half turn left stepping R-L-R
- 7 ½. Step. Mambo forward. Rock back. Recover. 1/4 side. Behind. Big side.**
2-3 Raise left leg as you make ½ turn left. Step left forward.
4&5 rock forward on right. Recover on left. Step back right.
6-7 Rock back left. Recover on right.
8&1 make ¼ right as you step left to left. Cross right behind left. Step left a large step to left.
- 8 Touch. ¼. Shuffle ½. Walk back x2. Shuffle ½ . (rock)**
2-3 Touch right beside left. (collapse body in as you do this) make ¼ right stepping right forward.
4&5 Shuffle ½ right stepping L-R-L
6-7 Walk back right. Walk back left.
8&(1) Shuffle ½ right stepping R-L-Rock forward right
(Count (1) will be the first count of the next wall)
- Restart – Wall 2- Section 4. Replace counts 7&8& with the following**
7&8 Make ½ shuffle turn right stepping R-L-R (keep it smooth,
use your upper body to push you round)
& Step left beside right. Restart the dance facing the front wall.
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