

Ache Or Break 98

BEGINNER

56 Count

Choreographed by: Trevor Smith

Choreographed to: Achy Breaky Heart by Billy Ray Cyrus

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- 1 Touch left heel in front
 - 2 Pivot 1/4 turn right on ball of right foot as you tap left toe beside right heel
 - 3 - 6 Repeat steps 1-2 three more times
 - 7 - 8 Touch left heel forward, touch left toe back
 - 9 - 10 Touch left heel forward, stomp left foot beside right
 - 11 & 12 Shuffle backwards right-left-right
 - 13 & 14 Shuffle backwards left-right-left
 - 15 & 16 Shuffle backwards right-left-right
 - 17 & 18 Shuffle backwards left-right-left
 - 21 & 22 Shuffle forward right-left-right
 - 23 & 24 Shuffle forward left-right-left as you turn 1/2 turn right
 - 25 - 26 Rock back onto right foot, rock forward onto left foot
 - 27 - 32 Repeat steps 21 to 26 inclusive
 - 33 - 34 Touch right heel forward, touch right heel back
 - 35 & 36 Touch right heel forward, hitch right knee and slap with right & left hand
 - 37 - 38 Touch right heel forward, touch right heel back
 - 39 - 40 Touch right heel forward, step right foot in beside left
 - 41 - 48 Repeat steps 33-40 with left foot
 - 49 - 52 Turn full turn left left-right-left, touch right toe beside left and clap
 - 53 - 56 Turn full turn right right-left-right, touch left toe beside right and clap

REPEAT