

**Dynamite Legs****IMPROVER**

48 Count 2 Walls

Choreographed by: Darren Bailey

Choreographed to: Any Medium

To Fast Swing by Various Artists

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**SKI MOTION, KICK X 2**

- 1 - 2 Swivel both knees left and heels right, swivel both knees right and heels left  
3 - 4 Kick right foot forward, step right next to left  
5 - 6 Swivel both knees right and heels left, swivel both knees left and heels right  
7 - 8 Kick left foot forward, step left next right

**DIAGONAL STEP CLAPS**

- 1 - 2 Step right foot forward and to the right, touch left foot next to right and clap  
3 - 4 Step left foot back and to the left, touch right foot next to left and clap  
5 - 6 Step right foot back and to the right, touch left foot next to right and clap  
7 - 8 Step left foot forward and to the left, touch right foot next to left and clap

**RIGHT AND LEFT SHUFFLES WITH ROCKS**

- 1 & 2 Step right foot to right side + step left foot next to right, step right foot to right side  
3 - 4 Rock back on left foot and recover on to right foot  
5 & 6 Step left foot to left side + step right foot next to left, step left foot to left side  
7 - 8 Rock back on right foot and recover on to left foot

**STEP CLICK, TURN CLICK X 2**

- 1 - 2 Step right foot to right side , touch left foot next to right and raise hands to head height and click  
3 - 4 Step left foot to left side making 1/4 left, touch right foot next to left and raise hands to head height and click  
5 - 6 Step right foot to right side , touch left foot next to right and raise hands to head height and click  
7 - 8 Step left foot to left side making 1/4 left, touch right foot next to left and raise hands to head height and click

**HEEL STRUTS AND HEEL BUMPS X 2**

- 1 - 2 Step right heel forward, slap right toe down  
3 - 4 Raise right heel and bump heel to floor twice  
5 - 6 Step left heel forward, slap left toe down  
7 - 8 Raise left heel and bump heel to floor twice

**TOE STRUTS X2, JUMP FORWARD CLAP, JUMP BACK CLAP**

- 1 - 2 Step right toe forward, slap right heel down  
3 - 4 Step left toe forward, slap left heel down  
& 5 - 6 & Jump forward with right, foot then left foot, clap hands  
& 7 - 8 & Jump back with right, foot then left foot, clap hands