

Dusty Foot Shuffle

32 Count, 4 Wall, Improver

Choreographer: Paul McAdam (UK) July 2009

Choreographed to: In The Beginning by K'Naan,

Album: Dusty Foot Philosopher

Intro: Approximately 32 counts into track on 18 seconds

1-8 MAMBO ROCKS, RIGHT SHUFFLE

1&2 Rock left foot to left side, recover weight onto right foot, step left foot next to right

3&4 Rock right foot to right side, recover weight onto left, step right foot next to left

5&6 Rock back on left foot, recover weight onto right foot, step forward on left foot

7&8 Right shuffle forward

9-16 STEP PIVOT ½ TURN, SHUFFLE FORWARD, 2X SHUFFLE ½ TURNS

1,2 Step forward on left foot, pivot ½ turn right

3&4 Left shuffle forward

5&6 Make a ½ turn left and right shuffle back

7&8 Make a ½ turn left and left shuffle forward

17-24 POINTS & BEHIND-SIDE-CROSS X2 WITH ¼ TURN

1,2 Point right toe forward, point right toe to right side

3&4 Cross right foot behind left foot, step left foot to left side, cross right foot over left foot

5,6 Point left toe forward, point left toe to left side

7&8 Cross left foot behind right, make a ¼ turn right and step forward on right foot, step forward on left foot

25-32 STEP-LOCK-STEPS FORWARD X2, STEP ½ TURN, 3 FORWARD STOMPS

1,2& Step right foot to right diagonal, lock left foot behind right, step right foot to right diagonal

3,4& Step left foot to left diagonal, lock right foot behind left, step left foot to left diagonal

5,6 Step forward on right foot, pivot ½ turn left

7&8 Stomp right foot forward, stomp left foot forward, stomp right foot forward

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