

Drown In A Bowl

64 count, 4 wall, intermediate level

Choreographer: Terry McHugh (UK) Aug 2004

Choreographed to: Shine by Vanessa Amorosi
(96 bpm)

24 count intro

Section 1 Syncopated cross rocks, ½ turn left, left coaster step.

- 1&2 Rock fwd on R across L, recover on L, rock back on R.
&3&4& Recover on L, rock fwd on R across L, recover on L, rock back on R, recover on L.
5-6 Cross R over L, swivel ½ turn left,
7&8 Step back on L, step R beside L, tap L beside R.(weight on R).

Section 2 2 modified jazz boxes

- 1-2 Step L to left side, step R beside L.
3&4 Step back on L, step back and to side on R, step L beside R.
5-6 Cross R over L, step back on L,
7&8 Step back and to side on R. step L beside R, step fwd on R.

Section 3 Fwd rock, back locks, side points, ¼ turn left.

- 1-2 Rock fwd on L, recover on R.
3&4 Lock steps back L, R, L.
5&6& Point R toe to right side, step R beside L, point L toe to left side. step L beside R
7&8 & Point R toe to right side, step R beside L, point left toe to left side, swivel ¼ turn left on R, hitch L knee

Section 4 Fwd locks, ¼ turn left, left coaster step.

- 1-2 Step fwd on L, step R behind L,
3&4 Lock steps fwd L, R, L,
5&6 Step R to right side, step ¼ turn left on L, step R beside L.
7&8 Step back on L, step R beside L, step fwd on L.

Section 5 Cross mambox2, side together, right chasse.¼ turn left.

- 1&2 Rock R to right, side, rock back on to L, cross R over L,
3&4 Rock L to left side, rock back on to R, cross L over R,
5-6 Step R to right side, step L beside R,
7&8 Chasse right, R, L, R, with ¼ turn left,

Section 6 Step fwd L, R, L1-2 turn right, step fwd on R, full turn left, fwd mambo.

- 1-2 Walk fwd L, R.
3&4 Walk fwd on L, swivel ½ turn right, step fwd on L.
5-6 Step fwd on R, with 1-2 turn left, step back on L with 1-2 turn left.
7&8 Step fwd on R, rock back on L, step R beside L.

Section 7 Slide back R, L, left coaster step, ½ turn left, cross mambo.

- 1-2 Slide back L, R, (Michael Jackson moonwalk style !).
3&4 Step back on L, step R beside L, step fwd on L.
5-6 Cross R over L, swivel ½ turn left.
7&8 Step L to left side, rock back onto R, cross L over R.

Section 8 Rock right, rock left, left cross shuffle, rock left rock right, step L behind R, step R & L in place.

- 1-2 Rock on to R, rock back on to L.
3&4 Cross shuffle left R, L, R.
5-6 Rock on to L, rock back on to R,
7&8 Step L behind R, step R to right side, rock back on to L.

Restart : On wall 2 dance to end of section 6, start dance again from the beginning.