

### **STOMP STOMP KICK, BACK LOCK STEP, SIDE PUNCH, ROLL AND FLIP**

- 1&2 Stomp right twice, kick right low forward diagonal right
- 3&4 Step back right, cross left in front of right, step back right
- 5-6 Step left side left, punch right fist forward
- 7& Take left palm and place on top of right elbow, roll right fist under left arm
- 8 Flip right arm over and forward

### **TURN ¼ SIDE, TOES HEELS, STEP ¼ TURN, HIP RIGHT-LEFT-RIGHT-HITCH**

- 1-2 Step right forward ¼ turn right, step left side left
- 3-4 Swivel left heel out right toe in rolling arms in, swivel left toe out right heel in rolling arms out
- 5-6 Step right forward, pivot ¼ left weight left
- 7&8 Push right hip right, push left hip left, push right hip right lifting left in to a figure four

### **SIDE CROSS, SIDE CROSS SIDE, STEP ¾ TURN, OUT UP DOWN**

- 1-2 Step left side left, cross right in front of left
- 3&4 Step left side left, cross right in front of left, step left side left
- 5-6 Step right cross left ¼ turn left, pivot ½ left
- 7&8 Step right side right, bring heel up, bring heels down (weight right)

### **STEP LOCK, STEP LOCK STEP, STEP ½ TURN, STEP LOCK STEP**

- 1-2 Step left forward (left shoulder down) lock right behind left (left shoulder up)
- 3& Step left forward (left shoulder down), lock right behind left (left shoulder up)
- 4 Step left forward (left shoulder down)
- 5-6 Step right forward, pivot ½ turn left
- 7& Step right forward (right shoulder down), lock left behind right (right shoulder up)
- 8 Step right forward (right shoulder down)

### **¼ UP DOWN, ¼ UP DOWN, ¼ UP DOWN, FORWARD AND TOGETHER**

- 1&2 Pivot ¼ turn right on the right stepping left side left, bring heels up, bring heels down
- 3&4 Pivot ¼ turn left on the left stepping right side right, bring heels up, bring heels down
- 5&6 Pivot ¼ turn left on the right stepping left back side left, bring heels up, bring heels down
- 7a Step right large step forward leaving upper body back, bring body over right foot
- 8 Step left next to right

### **POINT AND POINT, BRUSH AND CROSS, BRUSH AND WEIGHT, TWIST TWIST TURN**

- 1&2 Point right side right, bring right next to left, point left side left
- 3&4 Brush left forward, hitch left over right, step forward left
- 5&6 Brush right forward, hitch right over left, step forward right
- 7&8 Twist heels right, left, right making ½ left (weight right)

### **STEP TURN, STEP TURN, STEP POINT, TOUCH IN OUT IN**

- 1-2 Step left forward, pivot on the left ¼ turn left pointing right side right
  - 3-4 Step right forward ¼ turn right, pivot on the right ¼ turn right pointing left side left
  - 5-6 Step left forward ¼ left, point right side right
  - 7&8 Touch right next to left, point right side right, touch right next to left
- Arm motions to accompany those steps:
- 1-2 Bring both arms forward, bring left arm out side left sliding right palm down left arm to shoulder
  - 3 Slide left palm down to right palm as you bring the left palm forward "palms together"
  - 4 Bring right arm out side right sliding left palm down right arm to shoulder
  - 5 Bring arms back down to center

### **STEP OUT OUT, IN, LOOK, ROLL UP UP, UP UP UP**

- 1 Step right side right bring right arm up palm facing forward
  - 2 Step left side left bring left arm up palm facing forward
  - 3-4 Step right next to left bending knees looking down clench fists beside chest, look up
  - 5-6 Roll right shoulder up, roll left shoulder up "begin to straighten up by count 8"
  - 7&8 Roll right shoulder up, roll left shoulder up, roll right shoulder up
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