

Section 1 Toe strut x 2, kicks x 2, Touch 1/2 turn

- 1 - 2 Step forward on right toe, drop heel taking weight
- 3 - 4 Step forward on left toe, drop heel taking weight
- 5 - 6 Kick forward right twice
- 7 - 8 Touch right toe behind left, turn 1/2 right putting weight on right

Section 2 Toe strut x 2, kicks x 2, Left coaster step

- 1 - 2 Step forward on left toe, drop heel taking weight
- 3 - 4 Step forward on right toe, drop heel taking weight
- 5 - 6 Kick forward left twice
- 7 - 8 Step back left, step right beside left, step forward left

Section 3 Side toe strut, Crossing toe strut, chasse, rock back

- 1 - 2 Step right toe to right side, drop heel taking weight
- 3 - 4 Cross left toe over right, drop heel taking weight
- 5 & 6 Step right to right side, close left beside right, step right to right side
- 7 - 8 Rock back on left, rock forward on right

Section 4 Side toe strut, Crossing toe strut, chasse 1/4, rock back

- 1 - 2 Step left toe to left side, drop heel taking weight
- 3 - 4 Cross right toe over left, drop heel taking weight
- 5 & 6 Step left to left side, close right beside left, step left to left side turning 1/4 right
- 7 - 8 Rock back on right, rock forward on left

Section 5 Side touch, 1/4 touch x 3

- 1 - 2 Step right to side, touch left beside right
- 3 - 4 Step left to side turning 1/4 left, touch right beside left
- 5 - 6 Step right to side turning 1/4 left, touch left beside right
- 7 - 8 Step left to side turning 1/4 left, touch right beside left

Section 6 Chasse, rock back, kick ball cross x 2

- 1 & 2 Step right to right side, close left beside right, step right to right side
- 3 - 4 Rock back on left, rock forward on right
- 5 & 6 Kick left forward, step left slightly back, cross right over left
- 7 & 8 Kick left forward, step left slightly back, cross right over left

Section 7 Side touch, 1/4 touch, chasse, rock back

- 1 - 2 Step left to side, touch right next to left
- 3 - 4 Step right to side turning 1/4 right, touch left beside right
- 5 & 6 Step left to left side, close right beside left, step left to left side
- 7 - 8 Rock back on right, rock forward on left

Section 8 Rocking chair, 1/4 turn x 2

- 1 - 4 Rock forward on right, rock back on left, rock back on right, rock forward on left
 - 5 - 6 Step forward on right, turn 1/4 left
 - 7 - 8 Cross right over left, step back on left turning 1/4 right
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