

Downside Up

Phrased, 4 wall, beginner level

Choreographer: Jessica Haugen (Norway)

March 2002

Choreographed to: Upside Down by A*Teens
(122 bpm)

Sequence: A, A, A, B, A, A, A, B, A, Tag, B, A, A, B, Ending

Part A

Step, Kick, Step, Kick, Step Back Kick, Step, ¼ turn hitch

1-4 Step right to right, kick left across right, Step left to left, kick right across left

5-8 Step right back, kick left forward, step left forward, ¼ turn left hitch right knee

9-16 Repeat steps 1-8

Grapevine Right Heel Jack And Cross, Grapevine Left Heel Jack And Cross

17,18&19&20 Step right to right, cross left behind right, step right to right, touch left heel to left, step left in place, cross right over left

21,22&23&24 Step left to left, cross right behind left, step left to left, touch right heel to right, step right in place, cross left over right

Step, Touch, ¼ Turn Step, Touch, Heels Out, In, Out, Together

25-28 Step right to right, touch left beside right, ¼ left step left to left, touch right next to left

29-32 Both heels out, both heels in, both heels out (travelling slightly to right), feet together

Part B

Box Step x2

1,2,3,4 Cross right over left, step left back, step right to right, step right forward

5,6,7,8 Repeat steps 1-4

Touch, And, Touch, And, Cross, ½ Turn x2

9&10&11,12 Touch right toe to right, step right next to left, touch left toe to left, step left next to right, cross right over left, unwind ½ turn left

13-16 Repeat steps 9-12

Tag (4 counts)

Box Step

Same as 1-4 in part B

Ending (last count of dance, on the word YOU)

¼ Turn left on left foot (facing front) setting right foot to right

Arms: Left hand on left hip, point right index finger towards whoever is watching you!
