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E-mail: admin@linedancermagazine.com

Doubled Up

32 Count, 4 Wall, Improver Choreographer: Robert Lindsay (Scotland) March 2011

Choreographed to: Inside Out by Imelda May (Imelda May vs. Blue Jay Gonzalez Mix – Latin Mix)

1-8	1/2 Turn Rumba Box with Touches
1-2	Step right to right side. Step left beside right.
3-4	Stepping forward, step right ¼ turn right. Touch left beside right.
5-6	Step left to left side. Step right beside left.
7-8	Stepping back, step left ¼ turn right. Touch right beside left.
9-16	Step Hold, Cross Rock, Recover. Step Hold. Cross Rock, Recover
1-2	Step right to right side. Hold.
3-4	Cross rock left over right. Recover weight onto right.
5-6	Step left to left side. Hold.
7-8	Cross rock right over left. Recover weight onto left.
17-24	1/4 Step, Hold, Step 1/2 Turn Pivot, 1/2 Turn, Hold, Behind, Side.
1-2	Step right ¼ turn right. Hold.
3-4	Step forward left. Pivot ½ turn right.
5-6	Turning ½ turn right, step back on left. Hold.
7-8	Step right behind left. Step left to left.
25-32	Slow Crossing Shuffle with Hold, Rock, Recover, Cross, Hold.
1-2	Cross right over left. Step left beside right.
3-4	Cross right over left. Hold.
5-6	Rock left to left. Recover weight onto right.
7-8	Step left across in front of right. Hold.

Music download available from iTunes

Linedancer Magazine, 166 Lord Street, Southport, United Kingdom, PR9 0QA Tel: +44 (0)1704 392300 Fax: +44 (0)1704 501678