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## **Dopamina**

56 Count, 2 Wall, Improver Choreographer: Martie Papendorf (South Africa)

Nov 2011

Choreographed to: Dopamina by Belinda (127 bpm)

Start - On vocals,16 beats after 1<sup>st</sup> heavy downbeat.

	E LE COLO BOLL LO BOLL BOLL BOLL BOLL BOLL B	
1	Fwd, Together, Back, Lock, Back, Back, Recover, Fwd shuffle	
1,2	Step R fwd, Step L next to R,	
3&4	Step R back, Lock L across R, Step R back,	
5,6	Rock L back, Rock R fwd,	
7&8	Step L fwd, Close R to L, Step L fwd	
	Find Bhoot 1/ left on B. Online 1/ terms Olde to not be a set	
2	Fwd, Pivot ½ left on R, Sailor ¼ turn, Side together x2,	0.00
1,2	Step R fwd, Pivot ½ left on R sweeping L from front to back,	6.00
3&4	Step L behind R making ¼ turn left, Step R to right side, Step L across R	, 3.00
_	Funky option for counts 5, 6, 7, 8 - Side together x2,	
5	Step R to right side on bent R knee and straightened L weight on both fe	et
	[toes pointing slightly to right],	
3	Step L next to R,	
7	Step R to right side on bent R knee and straightened L weight on both fe	et
	[toes pointing slightly to right],	
3	Step L next to R,	
	Optional arm styling for counts 5, 6, 7, 8 –	
5	Lift arms to shoulder height bending at elbows with R forearm pointing u	ip and L pointing down
6 7	Return arms to original position	
	Lift arms to shoulder height bending at elbows with R forearm pointing up and L pointing down	
3	Return arms to original position]	
	Easier option for counts 5, 6, 7, 8- Vine to the right	
5,6	Step R to right side, Cross L behind R,	
7,8	Step R to right side, Step Lacross R	
3	Pook fued book Triple turn 1/ right Book I. P. Sailer sten	
	Rock fwd back, Triple turn ½ right, Rock L R, Sailor step	
1,2	Rock R fwd, Recover L back,	
3&4	Step R back making 1/4 turn right, Close L next to R,	0.00
5,6	Step R fwd making ¼ turn right, Rock L to left, Rock R to right,	9.00
7&8	Cross L behind R, Rock R to right, Recover L to left	
· CCO	Cross E berlind it, Nock it to right, Necover E to left	
1	Cross, Side, Back, Step, Heel, Step, Fwd, Touch, Coaster step	
1,2	Step R across L, Step L to left side,	
3&4	Step R back, Step L next to R, Touch R heel fwd to right diagonal,	9.00
\$5,6	Step R next to L, Step L fwd, Touch R to L,	
7&8	Step R back, Close L to R, Step R fwd	
5	Fwd, Scuff, Fwd shuffle, Step, Pivot ¾ right, Fwd shuffle	
1,2	Step L fwd, Scuff R fwd,	
3&4	Step R to fwd, Close L to R, Step R fwd,	0.00
5,6	Step L fwd, Pivot ¾ right [weight to R],	6.00
7&8	Step L fwd, Close R to L, Step L fwd	
6	Fwd, Lock, Fwd, Lock, Fwd, Rock fwd back, Run back L, R, L	
1,2	Step R fwd, Lock L behind R,	
3&4	Step R fwd, Lock L behind R, Step R fwd,	
5,6	Rock L fwd, Recover R back,	
7&8	Run back L, R, L	
	here during wall 2 – facing 12.00	
	here adding 8 count tag during wall 5 – facing 6.00	
_		
7	Rock R L, Cross shuffle, Rock L R, Fwd shuffle	
1,2	Rock R to right side [slightly back], Recover L to left side,	0.00
3&4	Step R across L, Step L to left side, Step R across L,	6.00
5,6	Rock L to left side, Recover R to right,	
7&8	Step L fwd, Close R next to L, Step L fwd	

Restart –During wall 2
Restart after count 7&8, Section 6 [Run back L, R, L] . You will be facing 12.00.

## Tag and restart -During wall 5

Add 8 count tag after count 7&8, Section 6 [Run back L, R, L]. You will be facing 6.00 1,2,3,4 Step R fwd [slightly out], HOLD, Step L fwd [slightly out], HOLD, 5,6,7,8 Step R back, HOLD, Step L back, HOLD

## Ending- During wall 6 after count 7&8, Section 6 [Run back L, R, L]

You will be facing 6.00 Step R fwd, Turn ½ left stepping L fwd with attitude!

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