

**Don't You Understand..!  
(aka I'll Never Stop..!)**

ADVANCED

56 Count 4 Walls

Choreographed by: David J McDonagh

Choreographed to: I'll Never Stop by NSync

**KICK BALL BACK, SHOULDER ROLLS, HIPS/HEAD TURN [1/4-L], 2x MASHED POTATO STEPS**

- 1 & 2 Kick right forward, step right beside left, step left back  
3 - 4 Roll right shoulder forward, roll left shoulder back  
5 - 6 Roll hips anti-clockwise while completing 1/4 turn left Option: While completing counts 5-6, try rotating your head in place: left, right, left 1/4-left  
& 7 Split both heels apart, close both heels together while sliding right back  
& 8 Split both heels apart, close both heels together while sliding left back

**DISCO VERSION OF "THE RUNNING MAN" STEP, BIG SLIDE, SNAKE ROLL BROKEN DOWN (BUT NOT MEANT FOR SMOOTHNESS)**

- 1 & 2 Jump left back with right heel forward, jump right beside left while hooking left behind right shin  
2 Jump left back with right heel forward  
3 - 4 Big step slide right to right side, slide left beside right  
5 Step right to right side - while leaning body/shoulders right (body/shoulders is now over right knee)  
6 Push hips to right - under body/shoulders (body is now slanted to right)  
7 Push hips to left - (keeping body/shoulders right)  
8 Push body/shoulders left (body is now upright) while turning 1/4 left on balls of both feet. Note: You're now facing the back wall (6 o'clock from original wall)

**RIGHT LOCK STEP, STEP PIVOT [1/2-R], TRIPLE TURN [1/2-R], BACK ROCK**

- 1 & 2 Step right forward, lock step left behind right, step right forward  
3 - 4 Step left forward, pivot 1/2 turn right  
5 & 6 Triple 1/2 turn over right shoulder stepping: left, right, left  
7 - 8 Rock back onto right, rock weight forward onto left

**2X KICK BALL POINTS (TRAVELLING FORWARD), HOOK TURN [1/4-L] CROSS, SIDE ROCK SIDE**

- 1 & 2 Kick right forward, step right beside left, point left toe to left side  
3 & 4 Kick left forward, step left beside right, point right toe to right side  
5 & 6 Hook right behind left knee, on ball of left - turn 1/4 left, cross-step right over left  
7 & 8 Rock left to left side, rock weight back onto right turning 1/4 right, step left to left side. You're now facing the back wall (6 o'clock from original wall)

**8 COUNTS OF SEPARATE "AWKWARD" HAND WORK**

- 1 (Right forearm is vertical, left forearm is horizontal)  
2 Bring right hand down & under left arm, back of right hand touches left wrist, left hand moves up & over away from you ending back of left hand facing floor keeping back of right hand on left wrist with both palms facing up  
3 Slide left hand towards you while moving right arm to right side ending with left hand grasping right elbow  
& 4 Right arm snake roll forward - while left arm snake rolls to right side(ending with left fingers touching crook of right elbow [on top])  
5 Raise left hand - palm facing forward at facial level (as in "Indian" 'HOW'), bending from left elbow...with right hand gripping the back of left wrist, (left forearm is vertical, right forearm is horizontal)  
6 Folding left hand under right ending with left palm facing you, try to keep left arm vertical & right arm horizontal and right hand locked on the outside of left wrist (in a right angle)  
7 Keeping left arm in place, slide right hand down the length of left forearm until you reach the elbow (while clenching left fist)  
8 Keeping hold of left elbow, raise right arm up slightly while - folding left hand/fist under right arm(ending with left arm completely straight pointing forward (fist clenched) and right forearm horizontal gripping left elbow [on top])  
& Drop both arms and relax

**SIDE CHASSE, & TURN [1/2], SIDE CHASSE, SYNCOPATED JAZZ BOX, STEP-TURN-STEP [1/2-R]**

- 1 & 2 Step right to right side, step left beside right, step right to right side  
& On ball of right hitch/raise left knee completing 1/2 turn over left shoulder  
3 & 4 Step left to left side, step right beside left, step left to left side  
5 & Cross-step right over left, step back left starting 1/4 turn right  
6 Step right to right side completing 1/4 turn right  
7 & 8 Step left forward, pivot 1/2 turn right, step left beside right

**WALKS BACK, BACK ROCK, RIGHT LOCK STEP, POINT-HITCH-STEP [1/2-R]**

- 1 - 2 Walk back on right, left  
3 - 4 Rock back on right, rock weight forward onto left  
5 & 6 Step right forward, lock step left behind right, step right forward  
7 & 8 Point left toe to left side, hitch/raise left knee, step left beside right. While performing counts 7&8, complete 1/2 turn on the spot over right shoulder.

Breaks: During the music you will "have" to leave out certain steps of the dance for it to fit properly...Cool..!

Breaks:

- 1 Complete the first wall all the way through  
2 Complete the first 44-Counts of the dance, then go straight to Count-1  
3 Complete the remaining walls all the way through to the end of the song.

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