

- SEC 1** **ROCK REC, SHUFFLE ½ TURN, STEP, ¾ TURN, SIDE SHUFFLE**
1,2,3&4 Rock forward on right, rec on left, make a ½ turn right as you shuffle RLR
5,6 Step forward on left, make a ¾ turn right (weight on right)
7&8 Step left to side & step right beside left , step left to side
- SEC 2** **ROCK REC , KICKBALL CROSS, ROCK, ¼ TURN, SHUFFLE**
1,2,3&4 Rock back on right, rec on left , kick right in front & step right beside left, cross left over right
5,6,7&8 Rock right to side, rec on left as you ¼ turn to left, shuffle forward RLR
- SEC 3** **ROCK REC , SHUFFLE ½ TURN, STEP, ¾ TURN, SIDE SHUFFLE**
1,2,3&4 Rock forward on left, rec on right, make a ½ turn left as you shuffle LRL
5,6 Step forward on right, make a ¾ turn to left (weight on left)
7&8 Step right to side & step left beside right , step right to side
- SEC 4** **ROCK REC , KICKBALL CROSS, ¼ SHUFFLE, ROCK REC**
1,2,3&4 Rock back on left, rec on right, kick left in front & step left beside right, cross right over left
5&6 ¼ turn right stepping back on left & step right beside left, step back on left
7,8 Rock back on right , rec on left
- SEC 5** **SIDE ROCK CROSS X 2 , STEP PIVOT, STEP PIVOT STEP**
1&2 Rock right to side & rec on left, step right forward and across left (moving forward)
3&4 Rock left to side & rec on right, step left forward and across right(moving forward)
5,6,7&8 Step forward on right, ½ turn to left, step forward on right & ¼ turn left, step forward on right
- SEC 6** **ROCK REC , COASTER CROSS , SIDE ROCK REC , CROSS SHUFFLE**
1,2,3&4 Rock forward on left, rec on right, step back on left & step right beside left, cross left over right
5,6,7&8 Rock right to side, rec on left, cross right over left & step left to side, cross right over left
- SEC 7** **ROCK REC , CROSS UNWIND, COASTER STEP, STEP, TOUCH**
1,2,3,4 Rock left to side, rec on right, cross left over right, unwind ¾ turn to right (weight on left)
5&6,7,8 Step back on right & step left beside right, step forward on right, step forward on left, touch right to side
- SEC 8** **½ TURN RIGHT, TOUCH, CROSS SHUFFLE , ROCK ¼ TURN, KICKBALL STEP**
1,2 On ball of left ½ turn right stepping right beside left, touch left to side
3&4,5,6 Cross left over right & step right to side, cross left over right, rock right to side, ¼ turn left as you rec on left
7&8 Kick right in front & step right beside left , step forward on left
- BRIDGE (AT THE END OF WALL 2 FACING 6 O'CLOCK YOU WILL HAVE TO DANCE A 12 COUNT BRIDGE)**
1,2,3&4 Rock forward on right, rec on left, make a ½ turn right as you shuffle RLR
5,6,7&8 Step forward on left, ½ turn right, shuffle forward LRL
9,10,11,12 Rock forward on right, rec on left, step back on right , step left beside right

No Bridge needed for Be Yourself