

## Don't Stop Shakin'

36 count, 2 wall, beginner/intermediate level  
Choreographer: Glynn Rodgers (AppleJack) (UK) Nov  
2004

Choreographed to: Fire by Des'ree

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Start On The Word "Car"

**1-8: Scuff, Hitch, Step, Hip Bumps With Shoulder Pushes, Rock, Shuffle Turn.**

1&2: Scuff right foot forward, hitch right knee, step slightly forward right.

3&4: Bump hips – right-left-right, for each hip bump push the same shoulder as hip upwards.

5-6: Rock forward left, recover weight onto right.

7&8: Shuffle half turn left stepping – left-right-left.

**9-16: Kick & Point, Toe Strut, Kick & Point, Toe Strut.**

1&2: Kick right foot forward, step right to place, point left to left side.

3-4: Touch left toe forward, drop heel.

5&6: Kick right foot forward, step right to place, point left to left side.

7-8: Touch left toe forward, drop heel.

**17-24: Side Steps With Heel Hinges, Shuffle Back x2.**

1-2: Step right to right side turning left heel towards right foot and tap left heel.

3-4: Step left to left side turning right heel towards left foot and tap right heel.

5&6: Shuffle back – right-left-right.

7&8: Shuffle back – left-right-left.

**25-32: Rock Back, Shuffle, Hip Shake Walks.**

1-2: Rock back right, recover weight onto left.

3&4: Shuffle forward – right-left-right.

5&6: Step forward left bumping hips – forward-back-forward.

7&8: Step forward right bumping hips – forward-back-forward.

**33-36: Chasse, Back Rock.**

1&2: Chasse to the side – left-right-left.

3-4: Rock back right, recover weight onto left.

Note: This is an easier alternative to the dance "Slow Burn" and perfect for the kids, so give it a go!

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