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Don't Stop Movin

84 count, 4 wall, intermediate/advanced level

Choreographer : Cameron Stuart (England)

June 2001

Choreographed to: Don't Stop Moving by
S Club 7 (bpm 120)

Sequence: AA, AB, CA, AB, CC, AB, TAG B, CC.

TAG: Tag is Part A but only for the first 32 beats.

Note: Start dance on vocals.

Part A

KICK BALL TOUCH, TOUCH, HEEL, STEP TURN (1/2 L) X2

- 1&2 Kick right foot, replace right foot beside left, touch left foot to left side
& Replace left foot beside right foot.
3&4 Touch right foot to right side, replace right foot beside left foot, place left heel out in-front
& Replace left heel beside right foot.
5-6 Step forward on left foot, pivot ½ turn left.
7-8 Step forward on left, pivot ½ turn left

9-16 KICK BALL TOUCH, TOUCH, HEEL, STEP TURN(1/2 R) X2

- 9&10 Kick left foot, replace left foot beside right, touch right foot to right side
& Replace right foot beside left foot.
11&12 Touch left foot to left side, replace left foot beside right foot, place right heel out in-front
& Replace right heel beside left foot.
13-14 Step forward on right foot, pivot ½ turn right.
15-16 Step forward on right, pivot ½ turn right

17-24 SLIDE, HOLD, STEP RECOVER X2

- 17-18 Slide right foot to right side, bring left foot to right.
19&20 Hold for one beat, step back with left foot, recover onto right foot.
21-22 With weight on right foot, slide left foot to right side, bring right foot to left.
23&24 Hold for one beat, step back with right foot, recover onto left foot.

25-32 WALK X4, STEP TURN (1/2 L), DOWN, UP

- 25-26 With weight on left foot, step forward with right foot, step forward on left foot
27-28 step forward on right foot, step forward on left foot.
29-30 Step forward on right foot, pivot 1/2 turn right.
31-32 Bend knees and go down, straighten knees and stand up.

Part B & TAG

33-40 OUT, OUT, WIGGLE, JAZBOX.

- 33-34 Place left foot out to left side, place right foot to right side.
35-36 Wiggle hips to the right, wiggle hips to the left.
37-38 Bring left foot in-front of right, rock back on right foot.
39-40 recover on left foot and touch to left, bring right foot to left.

41-48 PADDLE FULL TURN (L) , STEP, FULL TURN (R)

- 42&43 Step forward on right, make ¼ turn left, step forward on right.
& Make ¼ turn left.
43&44 Step forward on right, make ¼ turn left, step forward on right.
& Make ¼ turn left.
45-46 Step forward on right foot, step forward on left foot making ½ turn right.
47-48 Bring right foot around making ½ turn right, bring body ¼ turn right stepping left foot next to right.

49-56 OUT, OUT, WIGGLE, JAZBOX

- 49-50 Place right foot out to left side , place left foot to right side.
51-52 Wiggle hips to the right, wiggle hips to the left.
53-54 Bring right foot in-front of left, rock back on left foot.
55-56 Recover on right foot and touch to right, bring left foot to right.

57-64 CHASSE (R), ROCK, CHASSE (L), ROCK, COASTER STEP

- 57&58 Step right foot to right side, bring left foot up to right, step right foot to right side.
59-60 Rock back on left, recover on right.
61&62 Step left foot to left side, bring right foot up to left, step left foot to left side.
63&64 Rock back on right, step back on left, step forward on right
TAG ENDS HERE

65-70 WALK, SUFFLE (L), STEP

- 65-66 Step forward on left, step forward on right
& Bring left foot up to right foot
67-68 Step forward on right, step forward on left.

Part C71-84 LOCK STEP, SHUFFLE X3, STEP, LOCK STEP, SHUFFLE X3, STEP

- 71-72 Step forward right with right foot, lock left foot behind right.
73&74 Step forward-right with right foot, bring left foot up to right, step forward-right on right foot
75&76 Step forward-left on left foot, bring right foot up to left, step forward-left on left foot
&77 Bring right foot up to left, step forward-left on left foot
78-79 Step forward-right with right foot, lock left foot behind right.
80&81 Step forward-right with right foot, bring left foot up to right, step forward-right on right foot
82&83 Step forward-left on left foot, bring right foot up to left, step forward-left on left foot
&84 Bring right foot up to left, step forward-left on left foot