

Don't Stop Movin'

32 count, 4 wall, Intermediate level

Choreographer : A.Signori (UK) May 2001
Choreographed to : Don't Stop Movin' by S
Club 7

SYNCRONATED GRAPEVINE LEFT WITH 1/2 TURN LEFT, SYNCRONATED GRAPEVINE LEFT WITH 1/4TURN

- 1&2&3 Cross right over left(1), step left to side(&), cross right behind(2), step left to side(&), cross right over left(3)
4 Unwind making half turn left.
5&6&7 Cross right over left(5), step left to side(&), cross right behind left(6), step left to side(&), cross right over left(7)
8 Unwind making 1/4 turn left.(keep weight on left)

RIGHT COASTER STEP, 2X 1/4 TURN,KICK AND CROSS, UNWIND FULL TURN

- 9&10 Step back right, together left, forward right.
11-12 Point left to side whilst making 1/4 turn (11). Repeat.
13&14 Kick left across right(13), spring onto left(&), cross right over left(14)
15-16 Unwind making full turn left.

MAMBO STEPS, 3/4 TRIPLE STEP TURN, LEFT SAILOR STEP

- 17&18 Rock forward on right, rock back on left, together right.
19&20 Rock back left, forward right, together left.
21&22 Make 3/4 turn left stepping right, left, right.
23&24 Cross left behind right, step right in place, step left to the side.

HEEL SWITCHES, LEFT 3/4 TURN, LEFT COASTER STEP

- 25&26 Cross right in front of left(25), spring back onto left(&)placing right heel diagonally forward(26).
&27&28 Spring onto right foot(&), cross left over right(27), spring back onto right(&),placing left heel diagonally forward(28)
&29 Spring onto left foot(&), cross right over left(29).
30 Unwind making 3/4 turn left(weight ends on right)
31&32 Step back left, together right, forward left.

TAG 1 1/4 PIVOT TURN LEFT x 2, KNEE TWISTS

- 1-2 Step forward right, 1/4 turn left
3-4 Repeat.
5-6 Twist left knee in(5), then out(6).
7&8 Twist left knee in(7), out(&), in(8)

KNEE TWISTS, 1/2 TURN LEFT, KNEE TWISTS

- 9-10 Twist left knee out(9), then in(10)
11&12 Twist left knee out, in, out.
13-14 Step right to side whilst making 1/2 turn left, step left in place.
15-16 Twist left knee in, then out
17&18 Twist left knee in, out, in.
19-20 Circle hips anticlockwise twice.

TAG 2 1/4 PIVOT TURNx2, KNEE TWISTS

- 1-4 Step forward right, 1/4 turn left. Repeat.
5-6 Twist left knee in, then out.
7&8 Twist left knee in, out, in.

1/2 TURN, KNEE TWISTS, CIRCLE HIPS

- 9-10 Step right to side making 1/2 turn left, step left in place.
11-12 Twist left knee in, then out.
13&14 Twist left knee in, out, in.
15-16 Circle hips anti-clockwise twice.

DANCE PATTERN: SECTIONS 1-4 (x4), TAG 1, SECTIONS 1-4 (x3), TAG 1-2, SECTIONS 1-4 (x3), TAG 1-2.
QUITE A LONG INTRO AS DANCE STARTS ON MAIN VOCALS.