

Don't Need A Man

INTERMEDIATE

32 Count 4 Walls

Choreographed by: Mona Lesteberg

Choreographed to: I Don't Need A Man by Pussycat Dolls

Section 1 Walk x3. Side, side. Bend knees. Bodyroll. Shoulder "pops".

- 1 - 2 - 3 Walk fwd right foot. Walk fwd left foot. Walk fwd right foot.
& 4 Left foot out to left side. Right foot out to right side.
5 - 6 Bend right knee in, weight on right foot. Bend left knee in, weight on both feet.
7 Straighten out the knees and body roll up
& 8 Push shoulders forward. Push shoulders back.

Section 2 Syncopated sailorsteps. Right wine 1/4 turn. Scuff and step.

- 1 - 2 & Weight on right foot. Cross left foot behind right. Right foot beside left.
3 - 4 & Step left foot to left side. Cross right foot behind left. Left foot beside right.
5 - 6 - 7 Step right foot to right side. Cross left foot behind right foot. Step right foot to right side making 1/4 turn to right.
& 8 Scuff left foot. Step left foot fwd.

Section 3 Point, weightshift. Toe switches. Scuff, hitch, 1/4 turn. 2 bodyrolls (sideways).

- 1 - 2 & Point right foot to right side. Move weight to right foot. Left beside right.
3 & Point right foot to right side. Step right foot beside left.
4 & Point left foot to left side. Step left foot beside right.
5 & 6 Scuff right foot forward. Hitch right foot and turn 1/4 turn to right. Stepping down right foot to right side.
7 - 8 Sideways bodyroll to right side. Sideways bodyroll to left side.

Section 4 Syncopated sailor step. Footblade-turn. Step, hitch, side. Hiproll.

- 1 - 2 & Step right foot to right side. Cross left foot behind right foot. Step right beside left
3 & 4 Step left foot to left side. Turn right footblade 1/4 to right side. Turn left footblade 1/4 to right side.
(Keep weight on left foot).
5 & 6 Weight down on right foot stepping fwd. Hitch left foot. Step left foot to left side.
7 - 8 Roll hips in circle (clockwise from left side and back)