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- Section 1 Sway Right Hip, Sway Left Hip, Right Fwd Shuffle, Sway Left Hip, Sway Right Hip, Left Fwd Shuffle**
- 1 - 2 Sway right hip to right, sway left hip to left
3 & 4 Shuffle forward Right, Left, Right
5 - 6 Sway left hip to left, sway right hip to right
7 & 8 Shuffle forward Left, Right, Left
- Section 2 Point Right Fwd, Kick Right Forward, 1/2 turn Right Sailor, Point Left Forward, kick left, coaster step**
- 1 - 2 Point Right foot forward, kick right foot forward
3 & 4 Make half a turn over right shoulder with a right sailor step to 6 o/c
5 - 6 Point Left foot forward keeping toe on ground , Kick left foot forward
7 & 8 step back on left, step on right, step back onto left
- Section 3 Step Cross , Point, Step Cross, Point, Step, Full turn, Mambo Left & step Forward**
- 1 - 2 Step Right across Left, Point Left to left side
3 - 4 Step Left across Right, Point Right to Right side
& 5 - 6 Step forward right (&) , step forward on left making 1/2 turn (5) , step forward on right (back to 6 o/c) (6)
7 & 8 Step left to left side, step back onto right, step forward onto left
- Section 4 Right Forward Shuffle, Left Forward Shuffle, Point, Kick, 1/4 Sailor turn Right**
- 1 & 2 Shuffle forward Right, Left, Right
3 & 4 Shuffle forward Left, Right, Left
5 - 6 Point Right forward, kick right forward
7 & 8 Step right behind left, step left to left side making 1/4 turn to 9 o/c, step back onto right
- Section 5 Sway Left Hip, Sway Right Hip, Left side shuffle, Sway Right Hip, Sway Left Hip, Left Side shuffle &**
- 1 - 2 sway left hip to left, sway right hip to right
3 & 4 sway left hip to left, sway right hip to right
5 - 6 sway right hip to right , sway left hip to left
7 & 8 & shuffle to right side right, left, right, left (&)
- Section 6 Step Forward, half turn left, kick ball cross, step 1/4 turn Right, 1 1/4 turn right to 9 o/c, Touch**
- 1 - 2 step forward on right, pivot 1/2 over left to 3 o/c
3 & 4 kick right forward, step onto right, cross left over right
5 step right to right side making a 1/4 turn to right to 6 o/c
6 & 7 - 8 step forward left making half turn, step back on right making half turn (back now to 6 o/c), step left 1/4 turn to 3 o/c and TOUCH right next to left
- Section 7 Shuffle Back, Shuffle Back, Step to Side, Hold, Left Sailor \hat{A} 1/2 turn to 3 o/c**
- 1 & 2 Shuffle back on the right, right left, right (angle body slightly to look to right as you go back)
3 & 4 Shuffle back on the left, left, right, left (angle body slightly to look left as you go back)
5 - 6 Step right to right side (5) Hold (6)
7 & 8 step left behind right, step right to right side, making a half turn sailor to 3 o/c, step left to left side
- Section 8 Rock and Cross, Left Shuffle \hat{A} 1/4 turn, Point Back, turn \hat{A} 1/2, Full turn**
- 1 & 2 step right to right side, step back onto left, step right across left
3 & 4 shuffle left, right, left making a 1/4 turn to 12 o/c
5 - 6 point BACK with the right foot, turn 1/2 left keeping weight on left foot
7 & 8 step forward on left making \hat{A} 1/2 turn, step forward on right making \hat{A} 1/2 turn over R shoulder, step onto left next to right

END OF DANCE Start again with Right Hip Sway

Sway with Attitude !!