

Don't Force It

32 count, 4 wall, intermediate level

Choreographer: Dave Munro (UK) April 2006

Choreographed to: Don't Push It, Don't Force It by

Leon Haywood, Disco Fever & Various 70's

compilations; Don't Tell Me by Madonna, Music CD

32 Count intro (16 count intro for Don't Tell Me)

R Kickball-point L, L Sailor 1/4 turn, R Kick-Rock-Recover, R 3 count jazz box.

1&2 Kick R forward, Step on ball of R foot, Point L toe to left side.

3&4 Step L behind R, Step R in place turn 1/4 left, Step L in place.

5&6 Kick R forward left diagonal, Rock R to right side, Recover onto L in place.

7&8 Cross R over L, Step L back, Step R to Right side.(facing 9o'clock)

1/4 hinge R, 1/2 hinge R, L Side shuffle, 1/2 hinge L, 1/2 hinge L, R Side shuffle.

1 Pivot on R foot 1/4 turn right stepping L to left side.

2 Pivot on L foot 1/2 turn over right shoulder stepping R to right side.

3&4 Step L to left side, Step R next to L, Step L to left side.

5 Pivot on L foot 1/2 turn left stepping R to right side.

6 Pivot on R foot 1/2 turn over left shoulder stepping L to left side.

7&8 Step R to right side, Step L next to R, Step R to right side.(face 6o'clock)

Cross L behind unwind 3/4, Step 1/4 left, L Heel Tap, 3count left vine, Kick ball cross. Unwind 1/2 right

1-2 Cross L behind R unwind 3/4 left, Stepping onto L.

3 R Step forward 1/4 turn left.

4 L heel tap in place.

5-6& Step L to left, Step R behind L, Step L to left.

7&8& Kick R forward, Step R next to L, Cross L in front of R, Unwind 1/2 right.(facing 12o'clock)

2 Hip bumps, L Back-rock 1/4 step back, R Side-rock step back, L back coaster.

1&2& With weight on R, Bump hip left, Recover, Bump hip left, Recover.

3&4 Rock L back, Recover onto R pivot 1/4 turn left, Step L back.

5&6 Rock R to right side, Recover onto L, Step R back.

7&8 Step L back, Step R next to L, Step L forward.(facing 9o'clock)
