

## Dolly's Heartbreak Express

64 Count, 4 Wall, Improver

Choreographer: June Hulcombe (Aus) June 2009

Choreographed to: Heartbreak Express by

Dolly Parton, CD: The Ultimate Collection

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Introduction: 16 beats

**SIDE, HOLD, ROCK BACK, RECOVER, SIDE, HOLD, ROCK BACK, RECOVER**

- 1-2 Step right to side, hold
- 3-4 Cross left behind right, recover to right
- 5-6 Step left to side, hold
- 7-8 Step right back, recover to left

**½ SLOW CHARLESTON STEP, COASTER STEP, HOLD**

- 1-2 Touch right forward, hold
- 3-4 Step right back, hold
- 5-6 Step left back, step right together
- 7-8 Step left forward, hold

**WEAVE RIGHT, ROCK, RECOVER, CROSS, HOLD**

- 1-2 Step right to side, cross left behind right
- 3-4 Step right to side, step left across front of right
- 5-6 Rock right to side, recover On to left
- 7-8 Cross right over left, hold

**WEAVE LEFT, ROCK, RETURN, ¼ LEFT TOGETHER, HOLD**

- 1-2 Step left to side, cross right behind left
- 3-4 Step left to side, step right across front of left
- 5-6 Rock left to side, recover to to right
- 7-8 Turn ¼ left and step left together, hold

**MAMBO RIGHT, HOLD, MAMBO LEFT, HOLD. (WITH KNEE POPS & HEEL RAISES)**

- 1-2 Step right to side raising left heel (left knee pops up), recover to left lowering heel
- 3-4 Step right together, hold
- 5-6 Step left to side raising right heel (right knee pops up), recover to right lowering heel
- 7-8 Step left together, hold

**MAMBO FORWARD, HOLD, MAMBO BACK, HOLD. (WITH KNEE POPS & HEEL RAISES)**

- 1-2 Step right forward raising left heel (left knee pops up), recover to left lowering heel
- 3-4 Step right together, hold
- 5-6 Step left back raising right heel (right knee pops up), recover to right lowering heel
- 7-8 Step left together, hold

**HEEL, HOOK, HEEL, FLICK, SHUFFLE FORWARD, HOLD**

- 1-2 Touch right heel diagonally right forward, raise right heel across left shin
- 3-4 Touch right heel diagonally right forward, flick right heel out to right side
- 5-6 Step right forward, step left together
- 7-8 Step right forward, hold

**HEEL, HOOK, HEEL, HITCH, COASTER STEP, HOLD**

- 1-2 Touch left heel diagonally forward left, raise left heel across right shin
- 3-4 Touch left heel forward, hitch left knee up
- 5-6 Step left back, step right together
- 7-8 Step left forward, hold