

## Doin' The Do!

48 count, 2 wall, intermediate/advanced level  
Choreographer: Tina Argyle (UK) Jan 2005  
Choreographed to: Doin' The Do by Betty Boo, The album (123bpm)

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- Section 1**      **¾ Monterey Turn. Side Rock & Cross. Right Chase. Coaster ¼ Turn Left.**  
1 - 2      Point Right toe to Right side. ¾ Turn Right on ball of Left Stepping Right at side of Left.  
3 & 4      Rock Left to Left Side. Recover weight onto Right. Cross Left over Right.  
5 & 6      Step Right to Right side. Step Left at side of Right. Step Right to Right side.  
7 & 8      ¼ Turn Left stepping back Left. Step Right at side of Left. Step Fwd. Left.
- Section 2**      **Point Hitch ¼ Turn Point. Heel swivels. Behind, Side, Forward. Kick ½ Turn Flick**  
9 & 10      Point Right to Right side. Hitch Right knee making ¼ Turn Right. Point Right to Right side  
11&12      Swivel Right Heel In, Out, In  
13&14      Cross Right behind Left. Step left to Left side. Step Fwd. Right.  
15 – 16      Kick Left Fwd. Spin ½ Turn Right on ball of Right Flicking Left Heel up behind you.
- Section 3**      **Left Coaster Step. Hitch Tap Hitch Cross. Coaster Step. Side Rock Cross.**  
17&18      Step back Left. Step Right at side of Left. Step Fwd. Left.  
&19      Hitch Right knee in front. Tap Right toe across Left.  
&20      Hitch Right knee. Cross Right over Left taking weight.  
21&22      Step back Left. Step Right at side of Left. Step Fwd. Left.  
23 & 24      Rock Right to Right side. Recover weight onto Left. Cross Right over Left.
- Optional Arms for counts &19 &20.**  
On the & counts lift both fists to Right shoulder. On counts 19 – 20 throw fists across to left thigh.
- Section 4**      **Left Slide Together. 2 x Rocking Toe Fans. Right Slide Together. 2 x Rocking**  
**Toe Fans**  
25 – 26      Long step Left to Left side. Slide Right toe in and step at side of Left.  
&27 &28 Lift toes off the floor and fan toes apart. Return to the floor & repeat.  
29-30      Long step right to Right side. Slide Left toe in and step at side of Right.  
&31      Repeat steps - &27  
&32      Repeat steps - &28 – These can be replaced with heel lifts.
- Section 5**      **Diagonal Squat Back Left. Diagonal Squat Back Right. Mambo Fwd.**  
**¼ Turn Mambo Back. Mambo Fwd. Step Together.**  
33 – 34      Long diagonal step back Left, bending knees apart with hands on thighs, body angled to left diagonal. Tap Right at side of Left squaring up to 3 o'clock wall.  
35 – 36      Long diagonal step back Right, bending knees apart with hands on thighs, body angled to Right diagonal. Tap Left at side of Right squaring up to 3 o'clock wall.  
37&      Rock fwd. onto ball of Left. Recover weight onto Right.  
38&      ¼ Turn Left rocking back onto ball of Left. Recover weight onto Right.  
39 & 40      Rock fwd. onto ball of Left. Recover weight onto Right. Step Left at side of Right.
- Section 6**      **2 x Lock Step Fwd. Right then Left. Turning Hip Bumps.**  
41&42      Step fwd. Right. Lock Left behind Right. Step fwd. Right.  
43&44      Step fwd. Left. Lock Right behind Left. Step fwd. Left.  
45&46      Step fwd Right bumping hips fwd. back fwd.  
47&48      ½ turn Left bumping hips fwd. back fwd. finishing with weight on Left.

**HAVE FUN ON THE FLOOR!**

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