

#### **KICKS, RIGHT AND LEFT SAILOR SHUFFLES**

- 1 - 2 Kick right forward. Kick right to side  
3 & 4 Cross right behind left. Step left to left side. Step right in place  
5 - 6 Kick left forward. Kick right to side  
7 & 8 Cross left behind right. Step right to right side. Step left in place.

#### **ROCK STEPS, 3/4 TURNS TWICE**

- 9 - 10 Rock forward on right. Rock back on left  
11 & 12 Triple step-left, right, left, making 3/4 right  
13 - 14 Rock forward on left. Rock back on right  
15 & 16 Triple step-right, left, right, making 3/4 left

#### **HEEL SWITCHES AND HOLDS**

- 17 & 18 Touch right heel forward. Step right beside left. Touch left heel forward  
& 19 - 20 Step left beside right. Touch right heel forward. Hold  
& 21 & 22 Step right beside left. Touch left heel forward. Step left beside right. Touch right heel forward  
& 23 - 24 Step right beside left. Touch left heel forward. Hold

#### **LEFT SHUFFLE BACK, ROCK STEP, RIGHT SHUFFLE FORWARD, UNWIND FULL TURN FORWARD, UNWIND FULL TURN**

- 25 & 26 Step back left. Close right beside left. Step back left  
27 - 28 Rock back right. Rock forward left  
29 & 30 Step right forward. Close left beside right. Step right forward  
31 - 32 Cross left behind right. Unwind full turn left.

#### **SIDE SHUFFLES WITH TURNS, ROCK STEP**

- 33 & 34 Step right to right side. Step left beside right. Step right to right side.  
35 & 36 Pivot 1/2 turn right on right doing left side shuffle  
37 & 38 Pivot 1/2 turn left on left doing right side shuffle  
39 - 40 Rock back left. Rock forward right.

#### **SIDE SHUFFLES WITH TURNS, ROCK STEP**

- 41 & 42 Step left to left side. Step right beside left. Step left to left side  
43 & 44 Pivot 1/2 turn left on left doing right side shuffle  
45 & 46 Pivot 1/2 turn right on right doing left side shuffle  
47 & 48 Rock back right. Rock forward left.

#### **1 1/4 TURN CHUGS, APPLEJACKS**

- 49 - 51 On ball of left use right toe to make 1 1/4 turn in 3 toe pushes (optional 1/4 turn)  
52 Touch right beside left.  
53 - 56 & Applejacks as in the electric reel on 53&54&55&56&

#### **/Optional: Swivels-swivel right, left, right, left, right**

#### **KICK OUT OUT IN IN, HOLD, KNEE POPS, HOLD**

- 57 & 58 Kick right forward. Step right slightly right. Step left slightly out  
& 59 - 60 Right to center. Return left to center. Hold  
61 - 64 Knee pops right, left, right, hold.

#### **REPEAT**

#### **BRIDGE: PERFORMED AFTER 4TH WALL OF THE DANCE (5TH WALL)**

#### **KNEE POPS X4**

- 1 - 4 Knee pops left hold. Right hold  
& 5 - 6 Pop left. Pop right. Pop left  
7 - 10 Knee pops right hold. Left hold  
& 11 - 12 Pop right. Pop left. Pop right.  
12 - 24 Repeat steps 1-12

## **HEEL STRUTS, HOLDS, HEEL STRUTS, WALKS**

- 25 - 28 Left heel strut. Right heel strut.  
29 - 30 Hold for 2 counts  
31 - 32 Step left forward. Step right beside left  
33 - 56 Repeat 25-32 two more times  
57 - 60 Left heel strut. Right heel strut.  
61 - 63 Walk forward-left, right, left  
64 Touch right beside left.
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