

**/Hand movements are optional throughout the dance****MASHED POTATOES (WEIGHT ON BALLS OF FEET)**

- & 1 Swing right leg out to the right & twist left heel out, step right behind left & twist both heels in  
& 2 Swing left leg out to the left & twist right heel out, step left behind right & twist both heels in  
& 3 Swing right leg out to the right & twist left heel out, step right behind left & twist both heels in  
& 4 Twist both heels out, twist both heels in

**MASHED POTATOES (WEIGHT ON BALLS OF FEET)**

- & 1 Swing left leg out to the left & twist right heel out, step left behind right & twist both heels in  
& 2 Swing right leg out to the right & twist left heel out, step right behind left & twist both heels in  
& 3 Swing left leg out to the left & twist right heel out, step left behind right & twist both heels in  
& 4 Twist both heels out, twist both heels in

**RUNNING MAN STEPS SIDEWAYS & FORWARD**

- & 1 & 2 Step right to side & skip right backwards, step left in front of right & skip backwards  
& 3 & 4 Step forward right & drag backwards, step forward left & drag backwards

**STEP, TOGETHER, DOUBLE HIPS RIGHT.**

- & 1,2 Stepping back onto left-large step forward onto right, touch left toe beside right  
& 3,4 Double hips right, with right hand finger clicks. (left knee slightly bent)

**SIDE, BEHIND, DOROTHY STEPS-RIGHT, LEFT, RIGHT (TRAVELING SLIGHTLY FORWARD)**

- 1,2 Step left to side, step right behind left  
& 3,4 Step back onto left at 45 degrees left & step forward at 45 degrees right onto right, step left behind right  
& 5,6 Step back onto right at 45 degrees right & step forward at 45 degrees left onto left, step right behind left  
& 7,8 Step back onto left at 45 degrees left & step forward at 45 degrees right onto right, step left beside right

**TOUCH, CROSS, TURN, STEP/CLAP**

- 1,2,3,4 Touch right toe to side, cross right in front of left, turn full turn left. Step forward onto right foot at 45 degrees angle & clap

**DOUBLE HIPS FORWARD & BACK, SWAY HIPS FORWARD, BACK, FORWARD, BACK.**

- 1,2,3,4 Rock hips forward at 45 degrees right twice, rock hips back at 45 degrees angle twice  
1,2,3,4 Sway hips forward, back, forward, back (with a wavy movement)

**BACKWARDS TOE HEEL STRUTS WITH HIP BUMPS, & FINGER CLICKS**

- 1,2,3,4 Stepping back onto right toe-slightly at 45 degrees angle, drop right heel down. Stepping back onto left toe-slightly at 45 degrees angle, drop left heel down  
1,2,3,4 Stepping back onto right toe-slightly at 45 degrees angle, drop right heel down. Stepping back onto left toe-slightly at 45 degrees angle, drop left heel down

**ROLLING VINE RIGHT.**

- 1,2,3,4 Turning full turn right:- right, left, right, touch left beside right

**CAMELS SIDEWAYS-LEFT, & CLAPS**

- 1,2,3,4 Step left to the side-pushing hips right, slide right beside left. Step left to the side-pushing hips right, slide right beside left (keep weight on left)

**LEFT PADDLE TURNS**

- 1,2,3,4 Step forward onto right, turning 1/4 turn. Left-step left in place. Step forward onto right, turning 1/4 turn. Left-step left in place

**STEP, SLIDE, BALL CHANGE, TOUCH.**

- 1,2 Step right foot forward at 45 degrees angle, slide left beside right  
& 3 Step back onto ball of left foot at 45 degrees angle, step right foot forward at 45 degrees angle

4 Touch left toe beside right

**BALL CHANGE, TOGETHER, DOUBLE HEEL CLICKS**

& 1 Step back onto ball of left foot at 45 degrees angle, step right foot forward at 45 degrees angle

2 & 3 & 4 Step left beside right. Click heels together twice

**REPEAT**

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Linedancer, 166 Lord Street, Southport, United Kingdom, PR9 0QA  
Tel: +44 (0)1704 392300 Fax: +44 (0)871 900 5768 \*charged at 10p per minute