
32 counts after ping-pong: start just before the lyrics (if birds flying south is a sign of changes)

- 1-8 Kick Ball Step, Step, Swivel 1/4 Turn (x2), Coaster Step, Shuffle forward**
1&2 Kick right forward, Step right beside left, Step left forward
3&4 Step right forward, Swivel left heel ¼ turn left, Swivel right heel ¼ turn left (toes point to 9:00)
5&6 Step left back, Step right next to left, Step left forward
7&8 Step right forward, Step left next to right, Step right forward (R-L-R)
- 9-16 Rock, Recover, Out, Out, Knee Pop, Sailor Step. Sailor Step 1/4 Turn**
1-2 Rock left forward, Recover onto right
&3&4 Step left back, Step right back (feet at shoulder width), Pop knees forward (heels off the floor), Put heels down
5&6 Cross right behind left, Step left to left side, Step right to right side
7&8 Turn 1/4 left crossing left behind right, Step right to right side, Step left to left side
- 17-24 Point (x2), Hold, Close, Cross, Rock, Recover, Cross, 1/4 Turn Left, Step Forward**
1-2-3&4 Point right toes forward, Point right toes to right side, Hold, Close right next to left, Cross left over right
5-6-7&8 Rock right to right side, Recover on left, Cross right behind left, 1/4 turn left step left to left side, Step right forward
- 25-32 Step (x2), Hold, Close, Step, Rock, Recover, 1/4 Turn, Side Shuffle**
1-2-3&4 Walk forward left, right, Hold, Close left next to right, Step right forward
5-6 Rock forward on left, Recover on right
7&8 1/4 turn left step left to left side, Close right next to left, Step left to left side
- 33-42 Cross, Step, Hold, Close, Cross, Step, Close, Step, Hold, Close, Cross**
1-2-3&4 Cross right over left, Large step left (drag right to left), Hold, Close right next to left, Cross left over right
5&6 Step right to right side, Close left next to right, Large step to right (drag left to right)
7&8 Hold, Close left next to right, Cross right over left
- 43-48 Side, Cross, 1/4 Turn Left, Step, 1/4 Turn left, Cross, Hold, Step, Cross**
1-2-3-4 Step left to left side, Cross right behind left, 1/4 turn left step left forward, Step right forward
5-6-7&8 1/4 turn left, Cross right over left, Hold, Step left to left side, Cross right over left
- 49-56 Rock, Recover, Full triple Turn (x2)**
1-2 Rock left to left side, Recover on right
3&4 Triple full turn left (travelling right)
5-6 Rock right to right side, Recover on left
7&8 Triple full turn right (travelling left)
- 57-64 Rock, Recover, Coaster Step, Pivot (x2)**
1-2 Rock left forward, Recover on right
3&4 Step left back, Step right next to left, Step left forward
5-6 Step forward right, Pivot 1/2 turn left
7-8 Step forward right, Pivot 1/2 turn left

Start again and let the music touch your soul
