

Heel Switches With Struts

1 - 4 Touch Your Right Heel Forwards(1),take Right Back In Place(&),touch Left Heel Forward(2),bring Left Next To Right(&),touch Right Heel Forwards(3),slap Right Toe To The Floor (4)

Heel Switches With Struts

5 - 8 Touch Your Left Heel Forwards(5),take Left Back In Place(&),touch Right Heel Forward(6),bring Right Next To Left(&),touch Left Heel Forwards(7),slap Left Toe To The Floor (8)

Rock Steps With Triple Steps

9 - 10 Rock Forward Onto Your Right Foot (9), Then Replace Weight Back Onto Your Left Foot(10)
11 & 12 Triple Back On A Right, Left, Right (11&12)

Rock Steps With Triple Steps

13 - 14 Rock Back Onto Your Left Foot (13), Then Replace Weight Forwards Onto Your Right Foot(14)
15 & 16 Triple Forwards On A Left, Right, Left, (15&16)

Pivot 1/2 Turn Left With Left Hook, Triple Step

17 - 18 Step Forward On Your Right Foot (17), Then Pivot 1/2 Turn To The Left (keep Weight On The Right Foot) As You Raise Your Left Leg Across The Shin Of Your Right(hook)(18)
19 & 20 Triple Step Forward On A Left, Right, Left (19&20)

Side Rock, Sailor Step

21 - 22 Rock To The Right Side Onto Right Foot(21), Then Replace Weight Onto The Left Foot(22)
23 & 24 Step Right Behind Left (23),then Take A Small Step Left With The Left Foot (&), Step Slightly Forwards Onto The Right Foot(24)

Cross Rock, Side Triple With 1/4 Turn

25 - 26 Step Left Across The Right And Rock Diagonally Forwards(25), Replace Weight Onto The Right Foot(26)
27 & 28 Triple Step To The Left Side On A Left, Right, Left As You Turn 1/4 To Face Left Wall(27&28)

Pivot 1/2 Turn Left With Kick Ball Change

29 - 30 Step Forwards On Your Right Foot (29), Then Pivot 1/2 Turn To The Left (30) (weight On Your Front Foot[left]).
31 & 32 Kick Right Foot Forward (31),then Place Your Right Foot Next To Left (&), Then Replace Weight Onto The Left Foot(32)
