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- 1 Touch right toe inward
 - 2 Touch right heel out
 - 3 Step on right foot
 - 4 Touch left toe inward
 - 5 Touch left heel out
 - 6 Step on left foot
 - 7 Hop forward
 - 8 Hop forward
 - 9 Twist left (knees facing left) on the balls of both feet
 - 10 Twist right (knees facing right) on the balls of both feet
 - 11 Twist to center position & kick left foot out to left side
 - 12 Twist right (knees facing right) on the balls of both feet
 - 13 Twist left (knees facing left) on the balls of both feet
 - 14 Step forward on left foot (13 & 14 step together step)
 - 15 Stomp right foot in place
 - 16 Step forward on left foot (15 & 16 step together step)
 - 17 Step out on left foot (traveling forward)
 - 18 Step right behind left (traveling forward)
 - 19 Step out on left foot (traveling forward)
 - 20 Step out on right foot & do a complete turn toward left shoulder on the ball of the right foot
 - 21 Step forward on left foot & slide right next to left
 - 22 Twist to center position & kick right foot out to right side
 - 23 Step forward on right foot & slide left next to right
 - 24 Stomp right foot in place again (place weight on right foot)
 - 25 Step forward on on left foot
 - 26 Step forward on right foot and slide back on right foot
 - 27 Step back on left foot (traveling backward)
 - 28 Step back on right foot (traveling backward)
 - 29 Step on left foot & begin to turn toward left shoulder & step on right foot & continue to turn
 - 30 Step on left foot to complete turn (you will have completed a 1 1/2 turn to the left with steps 29 & 30 & will be facing the opposite wall)
 - 31 Step forward on the right foot & slide left forward next to right
 - 32 Step forward on right foot (23&24 step together step)
 - 33 - 40 Repeat steps 25-32 facing new direction
 - 41 Jump in place
 - 42 Kick left leg and do 1/4 turn to the left
 - 43 Step on left in place & step on right in place
 - 44 Step on left in place (27&28-triple step in place or cha-cha)
 - 45 Cross right over left foot
 - 46 Turn left one full circle, unwinding legs
 - 47 Hop forward
 - 48 Hop forward

REPEAT