

Do The Dolphin

BEGINNER

48 Count

Choreographed by: Claire Gent

Choreographed to: No News by Lonestar

SOFT SHOE STEP, SHUFFLE 1/2 TURN RIGHT, ROCKS

- 1 Right toe step right while lifting left foot
& Left step down
2 Right toe step beside left while lifting left foot
& Left step down
3 - 4 Right step right, left step behind right
5 & 6 1/2 turn shuffle right (right-left-right)
7 - 8 Left toe rock step left (dip left shoulder left), right rock center in place (come upright)

DOLPHINS LEFT, SHUFFLE 1/2 TURN LEFT, RIGHT KNEE TAP, RIGHT HEEL TOUCH FORWARD

- 1 & 2 (Dolphin) left toe step left(dip shoulder left), right step together (come upright), left toe touch left
3 & 4 Repeat above dolphin
5 & 6 Shuffle 1/2 turn left (left-right-left)
7 - 8 Lift right knee and slap knee with right hand, right heel touch forward (toe pointed up)

RIGHT TOE FANS, COASTER STEP, SHUFFLE LEFT, COASTER WITH 1/4 TURN RIGHT

- 1 & 2 Right toe fan right, right toe fan left, right toe fan right
3 & 4 Coaster step right-left-right (right step back, left step beside right, right step forward)
5 & 6 Shuffle left (left-right-left)
7 & 8 Modified coaster step (right step back turning foot 1/4 right, left step together, right step forward)

SHUFFLE, OUT OUT TOUCH, ROCK STEPS, RIGHT STOMP, STOMP, STOMP DOWN

- 1 & 2 Shuffle forward (left-right-left)
& 3 - 4 Right step out right, left step out left, right touch to left instep
5 - 6 Right rock back, left rock center
7 & 8 Right stomp center, right stomp slightly forward, right stomp down a little farther forward (weight right)

LEFT TOE HEEL TOUCHES, SHUFFLE LEFT, RIGHT TOE HEEL TOUCHES & SHUFFLE RIGHT

- 1 - 2 Left toe touch back, left heel touch forward
3 & 4 Shuffle left (left-right-left)
5 - 6 Right toe touch back, right heel touch forward
7 & 8 Shuffle right (right-left-right)

ROMPS DIAGONALLY, KICK BALL CHANGE, STOMP, HOOK

- & 1 Left step diagonal back left, right heel touch diagonally forward right
& 2 Right step together, left step together
& 3 Right step diagonal. Back right, left heel touch diagonally forward left
& 4 Left step together, right toe touch left instep
5 & 6 Right kick ball change (right kick forward, right toe step together, left step together)
7 - 8 Right stomp forward (weight left) right hook over left shin

REPEAT