



Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 SIDE CHASSE, RECOVER, KICK BALL CROSS X 2

- 1&2 Step R to R, bring L to R, Step R to R
3-4 Rock back on L, recover forward on R
5&6 Kick L foot forward replace on ball of L foot, cross step R over L
7&8 Kick L foot forward replace on ball of L foot, cross step R over L

SEC 2 SIDE CHASSE, RECOVER, KICK BALL CROSS X 2

- 1&2 Step L to L, bring R to L step L
3-4 Rock back on R, recover forward on L
5&6 Kick R foot forward, replace on ball of foot, cross step L over R
7&8 Kick R foot forward, replace on ball of foot, cross step L over R

Restart Here on Wall 2

SEC 3 SIDE, BEHIND, CHASSE ¼ TURN, PIVOT ¼ TURN, CROSS SHUFFLE

- 1-2 Step R to R, L behind R
3&4 Step forward on R, bring L to R, as you make a ¼ turn R (3:00)
5-6 Step forward on L, making a ¼ turn as you recover weight onto R (6:00)
7&8 Cross L over R, step R to R, cross L over R

SEC 4 SIDE TOUCHES X 4

- 1-2 Step to R, touch L by R
3-4 Step to L touch R by L
5-6 Step to R, touch L by R
7-8 Step to L touch R by L

Arms Waving arms above your head from R to L

SEC 5 HEEL GRIND, COASTER STEP, HEEL GRIND, COASTER STEP

- 1-2 R heel grind forward recover back on L
3&4 Step back on R back, bring L together with R forward on R
5-6 L Heel grind recover back on R
7&8 Step back on L, back bring R to L, step forward on L

SEC 6 SYNCOPATED FORWARD LOW KICKS

- 1-2& Kick R foot forward twice, step down on R
3-4& Kick L foot forward twice, step down on L
5&6& Kick R foot forward, step down, kick L foot forward, step down on L
7-8 Kick R forward twice



Lioness

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SEC 7 FORWARD ROCK, BACK SHUFFLES, BACK ROCK, FORWARD SHUFFLE

- 1-2 Forward R rock, recover back on L
- 3&4 Back R shuffle, step back on R bring L to R, step back on R
- 5-6 Rock back on L, recover forward on R
- 7&8 Forward L shuffle, step L forward, bring R to L, step forward on L

SEC 8 FORWARD SIDE, SIDE AND BACK ROCKS

- 1-2 Rock forward on R recover back on L
- 3-4 R side rock to R, recover on side L
- 5-6 R rock step across L, recover back on L
- 7-8 R side rock to R, recover on L

