



**Remember to Vote** for your favourite dances in the Linedancer Charts.

**Note:** Start Facing 10:30

**SEC 1 BACK, HOOK, STEP  $\frac{1}{8}$  SWEEP, CROSS, SIDE TOGETHER, BALL CROSS  $\frac{1}{4}$  X2, BALL, BACK ROCK  $\frac{1}{4}$ ,  $1\frac{3}{4}$  TURN HITCH**

1-2 Step L back hooking R leg across L, step R leg forward sweeping L from back to front turning  $\frac{1}{8}$  right (12:00)  
3a4 Cross L over R, step R to R, step L next to R  
a5a6 Step R to R turning  $\frac{1}{4}$  left, cross L over R, step R to R turning  $\frac{1}{4}$  left, cross L over R (6:00)  
a7 Step R to R turning  $\frac{1}{4}$  left, rock L foot back (3:00)  
8&a Step R forward, turn  $\frac{1}{2}$  right stepping L back, turn  $\frac{1}{2}$  right stepping R forward (3:00)  
1 Step L forward and finish  $\frac{3}{4}$  turn right hitching up R leg (12:00)

**SEC 2 SWAY X2, WEAVE, BACK TWINKLE X2, BACK DRAG, RUN X3**

2-3 Step R down and sway R, sway L  
4&a Cross R over L, step L to L, cross R behind L  
5&a Rock L to L, recover to R, cross L behind R  
6&a Rock R to R, recover to L, cross R behind L  
7&a Step L back, collect R to L  
8&a Step R forward turning  $\frac{1}{8}$  right, step L forward, step R forward (1:30)

**Restart** Here on Wall 3, change last counts of this set to 8a by stepping R side and L together and restarting at count 33

**SEC 3 STEP & SWEEP  $\frac{3}{8}$ , TOUCH, WALK X2, PIVOT  $\frac{1}{2}$ ,  $\frac{1}{4}$ , SIDE BACK ROCK X2, BACK, WEAVE**

1&a Step L forward, sweep R from back to front turning  $\frac{3}{8}$  left lift L arm up to comb hair with fingers pointing to R ear (9:00)  
2&a Touch R forward with R knee bent rolling R wrist out and snapping R hand  
3-4a Step R forward, step L forward, turn  $\frac{1}{2}$  right stepping R forward (3:00)  
5&a Step L to L turning  $\frac{1}{4}$  right, rock R back, recover onto L (6:00)  
6&a Step R to R, rock L back, recover onto R  
7-8&a Step L to L, cross R behind L, step L to L, cross R over L turning  $\frac{1}{8}$  left (4:30)

**SEC 4 STEP, BRUSH, HITCH, BACK, COASTER & SWEEP, EXTENDED WEAVE SWEEP, CROSS BEHIND,  $1\frac{1}{2}$  TURN**

1&a Step L forward, brush R forward, hitch R leg  
2-3&a Step R back, step L back, step R next to L, step L forward  
4 Step R forward sweeping L from back to front and turning  $\frac{1}{8}$  right (6:00)  
5&a Cross L over R, step R to R, cross L behind R  
6&a Step R to R, cross L over R, step R to R  
7&a Cross L behind R sweeping R from front to back  
8&a Touch R behind L, turn  $1\frac{1}{2}$  right on right foot, step L down (12:00)  
**Option** Turn  $\frac{1}{2}$  right

**Lose Control**  
Continues... Page 1 of 2



## Lose Control

Continued... Page 2 of 2

**Note** Start From Here on Wall 4

### **SEC 5 SWAY X3, REACH, SIT 1/8 R, STAND UP, RUN X2, SIDE**

- 1-2 Step R to R swaying R, sway L, reaching L arm to left side
- 3-4 Sway R, reaching R arm to right side, step L to L reaching both arms up, crossing arms over head
- 5-6 Turn 1/8 right as you sit back onto R leg and bring crossed arms down over chest, Keep sitting on R leg (1:30)
- 7-8&a Stand up onto L leg, step R forward dropping arms, step L forward, step R to R

### **SEC 6 REACH X2, CROSS ARMS, SWAY X3, TWINKLE & 1/2 HINGE X2**

- 1&a Reach R arm forward, reach L arm forward, cross arms over chest
- 2-3-4 Sway L pushing arms down to sides, sway R, sway L
- 5&a Cross R over L, step L to L, turning 1/8 right step R to R (3:00)
- 6&a Cross L over R, turn 1/4 left stepping R back, turn 1/4 left stepping L to L (9:00)
- 7&a Cross R over L, step L to L, turning 1/8 right step R to R (10:30)
- 8&a Cross L over R, turn 1/4 left stepping R back, turn 1/4 left stepping L to L (4:30)

### **SEC 7 CROSS ROCK, STEP BACK & SWEEP X3, SEAWEED ARMS, FULL TURN**

- 1 Cross R over L
- 2 Step Back on L sweeping R from front to back
- 3 Step Back on R sweeping L from front to back
- 4 Step Back on L sweeping R from front to back
- 5&a Step R back lifting R arm up starting with elbow as if seaweed moving through water while moving left hand down
- 6&a Weight stays back on R, Switch arms as you lean backwards, switch arms as you lean backwards
- 7 Lean backwards bringing R arm up and over head and then down behind you as you lean backwards, while lifting L leg
- 8 Step L forward bringing L arm down and right arm up with locked elbows,
- &a Turn 1/2 left stepping back on R and switching arms, turn 1/2 left stepping forward on L and switching arms (4:30)

### **SEC 8 CHASE 1/2, STEP, SAMBA, HEEL GRIND CROSS BACKS X2, CROSS ROCK SIDE 1/4, FULL TURN CHASE**

- 1&a Step R forward, turn 1/2 left stepping forward onto L, step R forward (10:30)
- 2-3a Step L forward, cross R over L, step L to L (12:00)
- 4 Step R to R turning 1/8 to right (1:30)
- 5&a Place L heel across right with weight, rotate slightly left as you replace weight onto R, step L to L (10:30)
- 6&a Place R heel across left with weight, rotate slightly right as you replace weight onto L, step R to R (1:30)
- 7&a Cross L over R, recover onto R, step L to L turning 1/4 left (10:30)
- 8&a Step R forward, turn 1/2 left stepping L forward, turn 1/2 left stepping R back (10:30)

