

STEPPIN' OFF

THE Page



Approved by:

R. I. Chaplin

Better

4 WALL – 64 COUNTS – IMPROVER

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1 1 – 2 3 – 4 5 – 8 Restart	Toe Strut x 2, Rocking Chair Step right toe forward. Drop right heel taking weight. Step left toe forward. Drop left heel taking weight. Rock forward on right. Recover onto left. Rock back on right. Recover onto left. Wall 3: Restart dance from the beginning.	Toe Strut Toe Strut Rocking Chair	Forward On the spot
Section 2 1 – 2 3 – 4 5 – 8	Point, Cross, Point, Cross, Jazz Box With Touch Point right to right side. Cross right over left. Point left to left side. Cross left over right. Cross right over left. Step left back. Step right to side. Touch left beside right.	Point Cross Point Cross Jazz Box Touch	Left Right On the spot
Section 3 1 & 2 3 – 4 5 & 6 7 – 8	Chasse Left, Rock 1/4 Turn, Forward Shuffle, Step, Pivot 1/4 Step left to left side. Close right beside left. Step left to left side. Rock back on right. Recover onto left turning 1/4 right. (3:00) Step right forward. Close left beside right. Step right forward. Step left forward. Pivot 1/4 turn right. (6:00)	Chasse Left Rock Turn Right Shuffle Step Pivot	Left Turning right Forward Turning right
Section 4 1 – 2 3 & 4 5 – 6 7 & 8	Forward Rock, Shuffle Back, 1/4 Turn, Touch, Forward Shuffle Rock forward on left. Recover onto right. Step left back. Close right beside left. Step left back. Step right 1/4 turn right. Touch left beside right. (9:00) Step left forward. Close right beside left. Step left forward.	Rock Forward Shuffle Back Turn Touch Left Shuffle	On the spot Back Turning right Forward
Section 5 1 – 2 3 – 4 5 – 6 7 – 8	Forward, Tap, Together, Kick, Back Rock, Forward, Tap Step right forward. Tap left behind right. Step left beside right. Kick right forward. Rock back on right. Recover onto left. Step right forward. Tap left behind right.	Forward Tap Together Kick Rock Back Forward Tap	Forward On the spot Forward
Section 6 1 & 2 3 – 4 5 & 6 7 & 8	Kick Ball Cross, Side Rock, Forward, Side Rock, Forward, Side Rock Kick left forward. Step left beside right. Cross right over left. Rock left to left side. Recover onto right. Step left forward. Rock right to right side. Recover onto left. Step right forward. Rock left to left side. Recover onto right.	Kick Ball Cross Side Rock Step Side Rock Step Side Rock	Forward On the spot Forward
Section 7 1 – 2 3 – 4 5 – 6 7 – 8	Out, Out, Cross Rock, Side, Cross Rock, Forward Step left forward on left diagonal. Step right forward on right diagonal. Cross rock left over right. Recover onto right. Step left to left side. Cross rock right over left. Recover onto left. Step right forward.	Out Out Cross Rock Side Rock Recover Step	Forward On the spot
Section 8 1 – 4 5 – 6 7 & 8	Rocking Chair, Side Rock, Behind & Step Rock forward on left. Recover onto right. Rock back on left. Recover onto right. Rock left to left side. Recover onto right. Cross left behind right. Step right to right side. Step left forward.	Rocking Chair Side Rock Behind & Step	On the spot Forward

Choreographed by: Roz Chaplin, Lorna Mursell & Colin B Smith (UK) January 2013

Choreographed to: 'Better' by Gord Bamford (131 bpm) from CD Day Job; download available from amazon.co.uk or iTunes (32 count intro)

Restart: One Restart during Wall 3, after Section 1



A video clip of this dance is available at www.linedancermagazine.com