



Armchair Elvira

ARMCHAIR DANCE - 20 COUNTS - AB			
STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1	Hand rolls and Claps		
1 - 4	Roll hands to right side for 3 counts. Clap hands.	Right 2, 3, Clap	Both
5 - 8	Roll hands to left side for 3 counts. Clap hands.	Left 2, 3, Clap	
9 - 12	Roll hands back for 3 counts. Clap hands.	Back 2, 3, Clap	
Section 2	Finger point, Thump Point		
13 - 14	Point left index finger forward. Clap hands.	Point Clap	Left
15 - 16	Point right thumb over right shoulder. Clap hands.	Hitch Clap	Right
Section 3	Left Forward Grab & Pull, Right Lasso		
17 - 18	Reach forward with left hand and grab air. Make fist and pull back.	Forward Back	Left
19 - 20	Reach forward with left hand and make Lasso movement with right.	& Right Lasso	Both

Adapted by: 'Wild Bill' McKechnie (UK)

Choreographed to: 'Elvira' by The Oak Ridge Boys (128bpm)

Music Suggestion: 'Oh When The Saints Go Marching In' by Jay Hahn and the Swinging Allstars'; Any medium tempo 4/4 track