

**Toe Struts Kicks, Knee Pop & Heel Drop**

- 1 - 2 Step Forward On Ball Of Right Foot, Drop Heel To Floor.  
3 - 4 Step Forward On Ball Of Left Foot, Drop Heel To Floor.  
5 - 6 Kick Right Foot Forward - Twice.  
7 Step Back On Right Foot (bend Left Knee & Raise Heel)  
8 Drop Left Heel To Floor (raise Right Heel)  
9 - 16 Repeat Steps 1 - 8

**Rock Steps - Stomps & Heel Clicks**

- 17 - 18 Rock Forward On Right Foot. Rock Back On Left.  
19 - 20 Rock Back On Right Foot. Rock Forward On Left.  
21 - 22 Stomp Right. Stomp Left.  
23 - 24 Weight On Ball Of Feet - Click Heels Together Twice.

**Shuffle & Rock - To The Right & Left.**

- 25 & Step Right To Right Side. Close Left To Right.  
26 Step Right To Right Side.  
27 Rock Forward Onto Left Foot (over Right)  
28 Rock Back On Right Foot.  
29 & Step Left To Left Side. Close Right To Left.  
30 Step Left To Left Side  
31 Rock Forward Onto Right Foot (over Left)  
32 Rock Back On Left Foot.

**Cross - 3/4 Unwind Turn. Clap & Hip Bumps**

- 33 - 34 Step Right Foot To Right Side. Cross Left Over Right.  
35 Take Weight On Balls Of Feet & Unwind 3/4 Turn Right.  
36 Clap  
37 - 40 Bump Hips Right Twice. Bump Hips Left Twice.

**Pivot Turns / Jumps & Claps**

- 41 - 42 Step Forward On Right Foot. Pivot 1/2 Turn Left.  
43 - 44 Step Forward On Right Foot. Pivot 1/2 Turn Left.  
& 45 - 46 Jump Forward Quickly Landing On Right Then Left. Clap  
& 47 - 48 Jump Forward Quickly Landing On Right Then Left. Clap
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