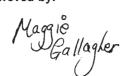
STEPPIN'OFF



THEPage



Approved by:



Over The Years

4 WALL – 96 COUNTS – ADVANCED			
STEPS	Actual Footwork	Calling Suggestion	DIRECTION
Section 1 1 - 3 4 - 6 1 - 3 4 - 6	Left Twinkle, Right Twinkle 3/4 Turn, 1/4 Rock, Cross, Side Rock, Cross Cross left over right. Step right to right side. Step left to left side. Cross right over left. Turn 1/4 right stepping left back. Turn 1/2 right stepping right forward. Turn 1/4 right rocking left to side. Recover onto right. Cross left over right. Rock right to right side. Recover onto left. Cross right over left. (12:00)	Left Twinkle Three Quarter Twinkle Quarter Rock Cross Side Rock Cross	Forward Turning right On the spot
Section 2 1 - 3 4 - 6 1 - 3 4 - 6 Option	Side, Drag, Side Behind Side, Twinkle 1/4 Turn, Step, 1/2 Turn x 2 Step left big step left. Drag right up to left over 2 counts. Step right to right side. Cross left behind right. Step right to right side. Cross left over right. Turn 1/4 left stepping right back. Step left to side. (9:00) Walk forward right. Turn 1/2 right stepping left back. Turn 1/2 right stepping right forward. To omit turn, run forward - right, left, right.	Side Drag Side Behind Side Twinkle Quarter Step Turn Turn	Left Right Turning left Turning right
Section 3 1 - 3 4 - 6 1 - 3 4 - 6	Forward Rock, Back, Cross Back Back x 2, Walk, Step, 1/2 Turn Rock left forward slightly lunging forward. Recover onto right. Step left back. Cross right over left. Step left slightly back. Step right slightly back. Cross left over right. Step right slightly back. Step left slightly back. Walk forward right. Step left forward. Turn 1/2 right stepping right forward. (3:00)	Rock Forward Back Cross Back Back Cross Back Back Walk Step Turn	Back Turning right
Section 4 1 - 3 4 - 6 1 - 3 4 - 5 6 Option	1/2 Turn, Sweep, Behind Side Cross, Side, Drag, 1&1/4 Turn Turn 1/2 right stepping left back. Ronde sweep right toe front to back over 2 counts. Cross right behind left. Step left to left side. Cross right over left. (9:00) Step left big step left. Drag right up to left over 2 counts. Turn 1/4 right stepping right forward. Turn 1/2 right stepping left back. Turn 1/2 right stepping right forward. (12:00) Counts 4 – 6: Turning 1/4 right run - right, left, right.	Half Sweep Behind Side Cross Side Drag Quarter Half Half	Turning right Left Turning right
Section 5 1 - 3 4 - 6 1 - 3 4 - 6 Restart	Step, Hitch, Back Touch Hold, Step, 1/2 Ronde Hitch, Right Twinkle Step left forward. On slight right diagonal hitch right knee over 2 counts. Step right back. Touch left toe across right. Hold. Step left forward. Ronde 1/2 turn left hitching right knee over 2 counts. (6:00) Cross right over left. Step left to left side. Step right to right side. Wall 2: Start the dance again (facing 3:00).	Step Hitch Back Touch Hold Step Ronde Half Right Twinkle	Forward Back Turning left Forward
Section 6 1 - 3 4 - 6 1 - 3 4 - 6	Step, Hitch, Back Touch Hold, Step, 1/2 Ronde Hitch, Right Twinkle Step left forward. On slight right diagonal hitch right knee over 2 counts. Step right back. Touch left toe across right. Hold. Step left forward. Ronde 1/2 turn left hitching right knee over 2 counts. (12:00) Cross right over left. Step left to left side. Step right to right side.	Step Hitch Back Touch Hold Step Ronde Half Right Twinkle	Forward Back Turning left Forward
Section 7 1 - 3 4 - 6 1 - 3 4 - 6	Cross Point Hold, Behind, Side Rock, Cross Point Hold, Triple 3/4 Turn Cross left over right. Point right to right side. Hold. Cross right behind left. Rock left to left side. Recover onto right. Cross left over right. Point right to right side. Hold. Triple step 3/4 turn right, stepping - right, left, right. (9:00)	Cross Point Hold Behind Side Rock Cross Point Hold Triple Three Quarter	Right Turning right
Section 8 1 - 3 4 - 6 1 - 3 4 - 6	Cross Point Hold, Behind, Side Rock, Cross Point Hold, Triple Full turn Cross left over right. Point right to right side. Hold. Cross right behind left. Rock left to left side. Recover onto right. Cross left over right. Point right to right side. Hold. Triple step full turn right, stepping - right, left, right.	Cross Point Hold Behind Side Rock Cross Point Hold Triple Full Turn	Right Turning right

Choreographed by: Maggie Gallagher (UK) June 2013

Choreographed to: 'A Thousand Years' by Christina Perri from CD The Twilight Saga:

Breaking Dawn - Part 1 (OST); download available from amazon or iTunes

(48 count intro - 20 secs - start on vocals)

Restart: One Restart during Wall 2



A video clip of this dance is available at www.linedancermagazine.com