

Tender Heart

56 Count, 1 Wall, Intermediate

Choreographer: Alison Austerberry (UK)

Choreographed to: Tender Heart by Lionel Richie

Section 1: Cross Rock, Chasse Right, Cross $\frac{3}{4}$ Unwind Right, Shuffle Forward

1-2 Cross rock right over left, rock back onto left
3&4 Step right to right side, close left beside right, step right to right side
5-6 Cross left over right, unwind $\frac{3}{4}$ turn right
7&8 Step forward left, close right beside left, step forward left

Section 2: Forward Rock, Coaster Step, Step $\frac{1}{2}$ Pivot Right Twice

9-10 Rock forward on right, rock back onto left
11&12 Step back right, step left beside right, step forward right
13-14 Step forward left, pivot $\frac{1}{2}$ turn right
15-16 Step forward left, pivot $\frac{1}{2}$ turn right

Section 3: Cross Rock, Chasse Left, Cross $\frac{3}{4}$ Unwind Left, Shuffle Forward

17-18 Cross rock left forward over right, rock back onto right
19&20 Step left to left side, step right beside left, step left to left side
21-22 Cross right over left, unwind $\frac{3}{4}$ turn left
23&24 Step forward right, close left beside right, step forward right

Section 4: Forward Rock, Coaster Step, Step $\frac{1}{2}$ Pivot Left Twice

25-26 Rock forward on left, rock back onto right
27&28 Step back left, step right beside left, step forward left
29-30 Step forward right, pivot $\frac{1}{2}$ turn left
31-32 Step forward right, pivot $\frac{1}{2}$ turn left

Section 5: Right & Left Step Slides Forward

33-34 Slide right slightly forward to right, slide left beside right (no weight)
35-36 Slide left slightly forward to left, slide right beside left (no weight)
37-38 Slide right slightly forward to right, slide left beside right (no weight)
39-40 Slide left slightly forward to left, slide right beside left (no weight)

Section 6: Mambo Rocks Forward & Back, Step $\frac{1}{2}$ Pivot, Right Shuffle

41&42 Rock forward on right, rock back onto left, step back right
43&44 Rock back on left, rock forward onto right, step forward left
45-46 Step forward right, pivot $\frac{1}{2}$ turn left
47&48 Step forward right, close left beside right, step forward right

Section 7: Mambo Rocks Forward & Back, Step $\frac{1}{2}$ Pivot, Left Shuffle

49&50 Rock forward on left, rock back onto right, step back left
51&52 Rock back on right, rock forward onto left, step forward right
53-54 Step forward left, pivot $\frac{1}{2}$ turn right
55&56 Step forward left, close right beside left, step forward left

REPEAT