



Approved by:



# Swinging Back To Louisiana

(aka Swinging Grace)

## 4 WALL - 32 COUNTS - INTERMEDIATE

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
<b>Section 1</b> 1 - 2 & 3 - 4 & 5 - 6 7 & 8	<b>Wizard Step x 2, Forward Rock, Triple Step 1/2 Turn</b> Step right diagonally forward right. Lock left behind right. Small step right to side. Step left diagonally forward left. Lock right behind left. Small step left to side. Rock right forward. Recover onto left. Turn 1/4 right stepping right to side. Step left beside right. Turn 1/4 right stepping right forward.	Right Lock & Left Lock & Forward Rock Turn & Turn	Forward  On the spot Turning right
<b>Section 2</b> 1 - 2 3 & 4 5 & 6 7 & 8	<b>Step, Pivot 1/2, Forward Shuffle, Kick Ball Change x 2 Moving Back</b> Step left forward. Pivot 1/2 turn right, shifting weight onto right. Step left forward. Close right beside left. Step left forward. Kick right forward, pulling right shoulder back. Step right small step back. Step left small step back leaning right shoulder forward. Kick right forward, pulling right shoulder back. Step right small step back. Step left small step back leaning right shoulder forward.	Step Pivot Left Shuffle Kick Ball Change Kick Ball Change	Turning right Forward Back
<b>Section 3</b> 1 - 2 3 & 4 5 - 6 7 & 8	<b>Back Rock, Triple 1/2 Turn, Back Rock, Triple 1/2 Turn</b> Rock right back. Recover onto left. Triple step 1/2 turn left, stepping - right, left, right. Rock left back. Recover onto right. Triple step 1/2 turn right, stepping - left, right, left.	Back Rock Triple Half Turn Back Rock Triple Half Turn	On the spot Turning left On the spot Turning right
<b>Section 4</b> & 1 - 2 & 3 - 4 & 5 & 6 <b>Note</b> & 7 & 8 <b>Option:</b>	<b>Jump Out, Clap, Jump In, Clap, Jump Out, Ball Cross, 3/4 Paddle Turn</b> Step right out to right side. Step left out to left side (feet apart). Clap. Step right centred under body. Step left beside right. Clap. Step right out to right side. Step left out to left side (feet apart). Step ball of right back. Cross left over right. Counts &5&6 are performed on the spot and do not travel. Turn 1/4 left rocking back on ball of right. Turn 1/4 left stepping left forward. Turn 1/4 left rocking back on ball of right. Step left forward. Counts 5-8: replace paddle turn with jazz box 1/4 turn right	Out Out Clap In In Clap Out Out Ball Cross  Turn Turn Turn Step	On the spot    Turning left

**Choreographed by:** Jo Thompson Szymanski (USA) December 2008

**Choreographed to:** 'Amazing Grace' by Charlie Rich (96 bpm) from CD 16 Biggest Hits; also available as download from tescodigital or amazon.co.uk (16 count intro)

**Music Suggestion:** 'Going Back To Louisiana' by Scooter Lee (126 bpm) from CD Home to Louisiana (during vocals, start 16 counts from fast beat on word 'been').