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- One**            **Side, hold, back rock, recover, side, hold, back rock, recover**  
1 - 4            Step right to right side, hold, rock left back, recover onto right.  
5 - 8            Step left to left side, hold, rock right back, recover on to left
- Two**            **Forward step, hold, step turn step, hold, full turn ( walk walk)**  
1 - 2            Step right forward, hold  
3 - 6            Step left forward, pivot half turn right, step left forward, hold  
7 - 8            Make half turn left stepping right back, make half turn left stepping left forward (alternative Walk forward stepping right, left)
- Three**           **Side, hold, cross rock, recover, side, hold, cross rock, recover**  
1 - 4            Step right to right side, hold, cross rock left over right, recover back on right.  
5 - 8            Step left to left side, hold, cross rock left over right, recover back on left
- Four**            **Side, hold, weave right with quarter turn**  
1 - 4            Step right to right side, hold, cross left over right, step right to right side.  
5 - 8            Step left behind right, step right quarter turn right, step left forward, hold
- Five**            **Side rock, cross, hold, side rock, cross, hold**  
1 - 4            Rock right to right side, recover on to left, cross right over left, hold  
5 - 8            Rock left to left side, recover on to right, cross left over right, hold
- Six**             **Step forward, half pivot turn, step forward, hold run, run, run, hold**  
1 - 4            Step Right forward, pivot half turn left , step right forward, hold  
5 - 8            Run forward stepping left, right, left, hold
- Enjoy**           **A free download of the Kenny Johnson track is available from Ann -  
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