



Approved by:

*Kate Sala x*

# Café Colando

## 4 WALL – 64 COUNTS – INTERMEDIATE

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
<b>Section 1</b> 1 – 2 3 & 4 5 – 6 7 & 8	<b>Sway, Sway, Chasse (x 2)</b> Rock right to side (dip knees and sway hips right). Recover onto left (sway hips left). Step right to right side. Close left beside right. Step right to side. Sway hips left. Sway hips right. Step left to left side. Close right beside left. Step left to side.	Sway Sway Chasse Sway Sway Chasse	On the spot Right On the spot Left
<b>Section 2</b> 1 – 2 3 & 4 5 & 6 7 & 8	<b>Cross Rock With Sweep, Sailor Step, Cross, Side, Back, Behind, 1/4 Turn, Step</b> Cross rock right over left. Recover onto left. Sweep/cross right behind left. Step left to left side. Step right to side. Cross left over right. Step right to side (and slightly back). Step left back. Cross right behind left. Turn 1/4 left and step left forward. Step right forward. (9:00)	Cross Rock Sailor Step Cross Side Back Behind Quarter Step	On the spot  Right Turning left
<b>Section 3</b> 1 – 2 3 & 4 5 – 6 7 & 8	<b>Walk x 2, Step, 1/2 Turn, Step (x 2)</b> Step left forward. Step right forward. Step left forward. Pivot 1/2 turn right. Step left forward. Step right forward. Step left forward. Step right forward. Pivot 1/2 turn left. Step right forward. (9:00)	Left Right Step Half Step Right Left Step Half Step	Forward Turning right Forward Turning left
<b>Section 4</b> 1 – 2 3 & 4 5 & 6 7 – 8	<b>Touch, Flick, Cross, Side Rock, Sailor 1/4 Turn, Step, 1/2 Turn</b> Touch left forward. Flick left back to left diagonal. Cross left over right. Rock right to right side. Recover onto left. Cross right behind left. Turn 1/4 right and step left slightly left. Step right forward. Step left forward. Turn 1/2 right and touch right beside left. (6:00)	Touch Flick Cross Side Rock Sailor Quarter Step Half	On the spot Right Turning right
<b>Section 5</b> 1 & 2 3 & 4 5 & 6 7 & 8	<b>Forward Mambo, Back Mambo, Cross, Side Rock, Behind Side Cross</b> Rock forward on right. Rock back on left. Step right back. Rock back on left. Rock forward on right. Step left forward. Cross right over left. Rock left to left side. Recover onto right. Cross left behind right. Step right to right side. Cross left over right.	Mambo Forward Mambo Back Cross Side Rock Behind Side Cross	On the spot  Left Right
<b>Section 6</b> 1 – 2 3 & 4 5 – 6 7 & 8	<b>Side, Behind, Sweep 1/4 Coaster, Step, Pivot 1/2, Forward Shuffle</b> Step right to right side. Cross left behind right. Turn 1/4 right and sweep/step right back. Step left beside right. Step right forward. Step left forward. Pivot 1/2 turn right. (3:00) Step left forward. Close right beside left. Step left forward.	Side Behind Quarter Coaster Step Pivot Left Shuffle	Right Turning right  Forward
<b>Section 7</b> 1 & 2 3 & 4 5 & 6 7 & 8	<b>Mambo Forward, Back Lock Step x 2, Mambo Back</b> Rock forward on right. Rock back on left. Step right back. Step left back. Lock right across left. Step left back. Step right back. Lock left across right. Step right back. Rock back on left. Rock forward on right. Step left forward.	Mambo Forward Back Lock Back Back Lock Back Mambo Back	On the spot Back  On the spot
<b>Section 8</b> 1 – 2 3 & 4 5 & 6 7 – 8	<b>Cross Rock, Sailor Step, Cross Rock, 1/4 Turn, Step, 3/4 Turn</b> Cross rock right over left. Recover onto left. Sweep/cross right behind left. Step left to left side. Step right to side. Cross rock left over right. Recover onto right. Turn 1/4 left and step left forward. Step right forward. Pivot 3/4 turn left (weight onto left). (3:00)	Cross Rock Sailor Step Cross Rock Quarter Step ThreeQuarter	On the spot  Turning left

**Choreographed by:** Kate Sala (UK) April 2012

**Choreographed to:** 'Café Colando (Part 2)' by Salsa Celtica (112 bpm) from CD En Vivo En El Norte; also available as download from amazon.co.uk or iTunes (32 count intro)



A video clip of this dance is available at [www.linedancermagazine.com](http://www.linedancermagazine.com)