



CRAIG BENNETT

The Best In Me

4 WALL - 40 COUNTS - INTERMEDIATE

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1 1 - 2 3 & 4 5 & 6 7 & 8	Right Touch, Together, Rock & Cross, Chasse Right, Sailor Step Touch right to right side. Step right beside left. Rock left to left side. Rock onto right in place. Cross left over right. Step right to right side. Close left beside right. Step right to right side. Cross left behind right. Step right to right side. Step left to left side.	Touch Together Left Rock Cross Side Close Side Sailor Step	On the spot Right On the spot
Section 2 1 - 2 3 & 4 5 - 6 7 & 8	Cross Side, Behind, 1/4 Turn, Step, Cross Back, Chasse Left Cross right over left. Step left to left side. Cross right behind left. Step left 1/4 turn left. Step forward on right. Cross left over right. Step back right. Step left to left side. Close right beside left. Step left to left side.	Cross Side Behind Turn Step Cross Back Side Close Side	Left Turning left Back Left
Section 3 1 - 2 3 - 4 5 - 6 7 - 8	Cross, Back, Side Right, Cross, Back, Side Left, Step, Pivot 1/2 Cross right over left. Step back left. Step right to right side. Cross left over right. Step back on right. Step left to left side. Step forward right. Pivot 1/2 turn left.	Cross Back Side Cross Back Side Step Pivot	On the spot Right Back Turning left
Section 4 1 2 Option 3 & 4 5 - 6 7 - 8	Full Turn Forward, Right Shuffle, Rock Step, 1/4 Turn Left, Touch Make 1/2 turn left stepping back onto right. Make 1/2 turn right stepping forward onto left. Full turn can be replaced with two walks forward - Right, Left. Step forward right. Close left beside right. Step forward right. Rock forward on left. Rock back onto right. Make 1/4 turn left stepping left to left side. Slide right to touch beside left.	Turn Turn Right Shuffle Forward Rock Turn Touch	Travelling Forward Forward On the spot Turning left
Section 5 1 - 2 3 & 4 5 & 6 7 - 8	Right Rock, Right Sailor Step, Left Sailor Step, Step, 1/4 Turn Rock right to right side. Rock onto left in place. Cross right behind left. Step left to left side. Step right to right side. Cross left behind right. Step right to right side. Step left to left side. Step forward right. Pivot 1/4 turn left.	Right Rock Sailor Step Sailor Step Step Turn	On the spot Turning left

Choreographed by: Craig Bennett (UK) January 2003

Choreographed to: 'Best In Me' by Blue from CD All Rise (download available from iTunes and Amazon)