



Approved by:



Try This For Size

4 WALL – 64 COUNTS – INTERMEDIATE

| STEPS | ACTUAL FOOTWORK | CALLING SUGGESTION | DIRECTION |
|--|--|---|---|
| Section 1 1 – 2 3 – 4 5 – 6 7 & 8 | V Step, Back Rock, Forward Lock Step Step right forward and out on right diagonal. Step left forward and out on left diagonal. Step right back and in towards centre. Step left beside right. Rock back on right. Recover onto left. Step right forward. Lock left behind right. Step right forward. | Right Left Back Back Rock Back Right Lock Right | Forward Back On the spot Forward |
| Section 2 1 – 2 3 – 4 5 & 6 7 – 8 | Step, Pivot 1/4, Weave Step left forward. Pivot 1/4 turn right. Cross left over right. Step right to right side. Cross left behind right. Step right to right side. Cross left over right. Step right to right side. Cross left behind right. | Step Quarter Cross Side Behind Side Cross Side Behind | Turning right Right |
| Section 3 1 & 2 3 & 4 5 – 6 7 & 8 | 1/4 Turn Into Heel Splits, Step, Heels Splits, Side Rock, Cross Shuffle Turn 1/4 right stepping right forward. Split heels apart. Return heels to centre. Step left forward. Split heels apart. Return heels to centre. Rock right to right side. Recover onto left. Cross right over left. Step left to left side. Cross right over left. | Quarter Heel Splits Step Heel Splits Side Rock Cross Shuffle | Turning right Forward On the spot Left |
| Section 4 1 – 2 3 & 4 5 – 6 7 – 8 Option | Hinge 1/2 Turn, Forward Shuffle, Step, Pivot 1/2, Walk Forward x 2 Turn 1/4 right stepping left back. Turn 1/4 right stepping right to right side. Step left forward. Close right beside left. Step left forward. Step right forward. Pivot 1/2 turn left. Step right forward. Step left forward. Counts 7– 8: Make a full turn left, stepping - right, left. | Hinge Turn Left Shuffle Step Pivot Right Left | Turning right Forward Turning left Forward |
| Section 5 1 – 2 3 – 4 & 5 6 – 7 8 | Scuff, Scuff 1/4 Turn, Toe Taps, Ball Step, Step, Pivot 1/2, Step Scuff right forward. Scuff right back making 1/4 turn left. Tap right toe back twice. Step ball of right beside left. Step left forward. Step right forward. Pivot 1/2 turn left. Step right forward. | Scuff Turn Tap Tap Ball Step Step Pivot Step | Turning left On the spot Forward Turning left Forward |
| Section 6 1 – 2 3 & 4 5 – 6 7 – 8 Restart | Forward Rock, Coaster Step, Step, Pivot 1/2, Walk Forward x 2 Rock forward on left. Recover onto right. Step left back. Step right beside left. Step left forward. Step right forward. Pivot 1/2 turn left. Step right forward. Step left forward. Wall 3 (facing 9:00): Restart dance from the beginning | Rock Forward Coaster Step Step Pivot Right Left | On the spot Turning left Forward |
| Section 7 1 – 2 3 – 4 5 – 6 7 – 8 | Toe Touch, Cross, Toe Touch, Modified Jazz Box, Cross Rock Point right toe to right side. Cross right over left. Point left toe to left side. Cross left over right. Step right back. Step left to left side. Cross rock right over left. Recover onto left. | Point Cross Point Cross Back Side Cross Rock | Forward Back On the spot |
| Section 8 & 1 2 – 3 4 – 6 7 & 8 | Ball Cross, Hinge 1/2 Turn, Walk Forward x 3, Forward Shuffle Step ball of right beside left. Cross left over right. Turn 1/4 left stepping right back. Turn 1/4 left stepping left to left side. Step right forward. Step left forward. Step right forward. Step left forward. Close right beside left. Step left forward. | Ball Cross Hinge Turn Right Left Right Left Shuffle | Right Turning left Forward |

Choreographed by: Stephen Rutter & Claire Butterworth (UK) March 2012

Choreographed to: 'Get Out Of My Bed' by Mark Medlock & Dieter Bohlen (133 bpm) from CD Dreamcatcher; download available from amazon.co.uk or iTunes (16 count intro - start on vocals)

Restart: One Restart, during Wall 3 at the end of Section 6

Choreographers' note: Special thanks to Liz Shepherd for naming this dance for us



A video clip of this dance is available at www.linedancermagazine.com