

#### Part A

##### **Toe Struts, Rock Step, Shuffle Back & Rock Step.**

- 1 - 2 Touch Right Toe Forward. Drop Right Heel Taking Weight.  
3 - 4 Touch Left Toe Forward. Drop Left Heel Taking Weight.  
5 - 8 Repeat Steps 1 - 4  
9 - 10 Rock Forward On Right. Rock Back Onto Left.  
11 & 12 Step Back Right. Step Left Beside Right. Step Back Right.  
13 & 14 Step Back Left. Step Right Beside Left. Step Back Left.  
15 - 16 Rock Back On Right. Rock Forward Onto Left.

##### **Toe Struts, Rock Step, Shuffle Back & Rock Step.**

- 17 - 32 Repeat Steps 1 -16

#### Part B

##### **Crossing Toe Struts, Rock Step, Side Shuffle.**

- 33 - 34 Touch Right Toe Across Left. Drop Right Heel Taking Weight.  
35 - 36 Touch Left Toe To Left Side. Drop Left Heel Taking Weight.  
37 - 38 Step Right Behind Left. Rock Forward Onto Left.  
39 & 40 Step Right To Right Side. Step Left Beside Right. Step Right To Right Side.

##### **Crossing Toe Struts, Rock Step, Side Shuffle.**

- 41 - 42 Touch Left Toe Across Right Foot. Drop Left Heel Taking Weight.  
43 - 44 Touch Right Toe To Right Side. Drop Right Heel Taking Weight.  
45 - 46 Step Left Foot Behind Right. Rock Forward Onto Right Foot.  
47 & 48 Step Left To Left Side. Step Right Beside Left. Step Left To Left Side.

##### **Crossing Toe Struts, Rock Step, Side Shuffle X 2.**

- 49 - 56 Repeat Steps 33 - 40  
57 - 64 Repeat Steps 41 - 48

Note : At The End Of This Section Replace The Side Shuffle With A

##### **Stomp Left (63) And Hold (64).**

#### Part C

##### **Sailor Shuffles, Forward Shuffles, Heel Taps, 1/2 Turn, Stomps.**

- 65 & 66 Cross Right Behind Left. Step Left Foot In Place. Step Right To Right Side.  
67 & 68 Cross Left Behind Right. Step Right Foot In Place. Step Left To Left Side.  
69 & 70 Step Right Forward. Step Left Beside Right. Step Right Forward.  
71 & 72 Step Left Forward. Step Right Beside Left. Step Left Forward.  
73 - 74 Touch Right Heel Forward. Step Right Beside Left.  
75 - 76 Touch Left Heel Forward. Step Left Beside Right.  
77 - 78 Step Right Foot Forward. Pivot 1/2 Turn Left.  
79 - 80 Stomp Right Foot Forward. Stomp Left Foot Forward.

##### **Sailor Shuffles, Forward Shuffles, Heel Taps, 1/2 Turn, Stomps.**

- 81 - 96 Repeat Steps 65 - 80
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