

Stitch It Up

There is no doubt in my mind that this dance was the one that got my name out there on the circuit. I didn't have a computer in those days, the Footwork was scribbled down on three sheets of A4 paper which later ended up in the dustbin, I'm glad I fished those sheets out again a bit later. I still have those same sheets today... Happy memories

4 WALL - 64 COUNTS - BEGINNER/INTERMEDIATE

Steps	Actual Footwork	Calling Suggestion	Direction
Section 1 1 - 2 3 - 4 5 - 6 7 - 8	Extended Vine Right, Hold, Back Rock. Step right to right side. Cross left behind right. Step right to right side. Cross left over right. Step right to right side. Hold. Rock back on left. Rock forward onto right.	Step. Behind. Step. Cross. Side. Hold. Back. Rock.	Right On the spot
Section 2 9 - 10 11 - 12 13 - 14 15 - 16	Extended Vine Left, Hold, Back Rock. Step left to left side. Cross right behind left. Step left to left side. Cross right over left. Step left to left side. Hold. Rock back on right. Rock forward onto left.	Step. Behind. Step. Cross. Side. Hold. Back. Rock.	Left On the spot
Section 3 17 - 18 19 - 20 21 - 22 23 - 24	Toe Touches, Heel Hook, Right Lock Forward, Hold. Touch right toe to right side. Touch right beside left. Touch right heel forward. Hook right heel across left leg. Step forward right. Lock left behind right. Step forward right. Hold.	Side. Together. Heel. Hook. Right. Lock. Step. Hold.	On the spot Forward
Section 4 25 - 26 27 - 28 29 - 30 31 - 32	Toe Touches, Heel Hook, Left Lock Forward, Hold. Touch left toe to left side. Touch left beside right. Touch left heel forward. Hook left heel across right leg. Step forward left. Lock right behind left. Step forward left. Hold.	Side. Together. Heel. Hook. Left. Lock. Step. Hold.	On the spot Forward
Section 5 33 - 34 35 - 36 37 - 38 39 - 40	Forward Rock, Back Step, Hold, Back Lock, Hold. Rock forward on right. Rock back onto left. Step back on right. Hold. Step back left. Lock right across front of left. Step back left. Hold.	Forward. Rock. Back. Hold. Back. Lock. Back. Hold.	On the spot Back
Section 6 41 - 42 43 - 44 45 - 46 47 - 48	Swings/ Sweeps Back x 3, Knee Bend. Swing/Sweep right out from front to back. Step back on right behind left. Swing/Sweep left out from front to back. Step back on left behind right. Swing/Sweep right out from front to back. Step back on right behind left. Bend knees and dip down. Straighten up, taking weight onto right.	Sweep. Step. Sweep. Step. Sweep. Step. Down Up	Back On the spot
Section 7 49 - 50 51 - 52 53 - 54 55 - 56	Forward Lock Step, Hold, Rock 1/4 Turn Left, Step, Hold. Step forward left. Lock right behind left. Step forward left. Hold. Rock to right side on right. Rock onto left making 1/4 turn left. Step forward right. Hold.	Step. Lock. Step. Hold. Rock. Turn. Step. Hold.	Forward Turning left Forward
Section 8 57 - 58 59 - 60 61 - 62 63 - 64	Step 1/2 Pivot Right, Step, Hold, Right Toe Touches. Step forward left. Pivot 1/2 turn right. Step forward left. Hold. Touch right toe to right side. Touch right beside left. Touch right toe to right side. Touch right beside left.	Step. Pivot. Step. Hold. Out. Together. Out Together.	Turning right Forward On the spot

Choreographed by:

Robbie McGowan Hickie
 UK
 April 2001

Choreographed to:

'Elvis Medley' by The Dean Brothers from Magic Moments CD (178 bpm).
 Start on vocals.

Music Suggestion:

'Hole In My Pocket' by Ricky Van Shelton from Super Hits 2 (174 bpm).