

It is still in the top ten of the most watched videos and viewed scripts on the LD website.

Inside Out

4 WALL - 32 COUNTS - ABSOLUTE BEGINNER

Steps	Actual Footwork	Calling Suggestion	Direction
Section 1	Cross Rock, Ball Cross Side, Back Cross, Coaster Cross, Cross		
1 - 2	Cross rock right over left. Recover onto left.	Cross Rock	On the spot
& 3 - 4	Step right slightly back. Cross left over right. Step right to right side.	Ball Cross Side	Right
& 5 - 6	Facing left diagonal step left back. Cross right over left. Step left back.	Back Cross Back	Back
& 7 - 8	Straightening up step right beside left. Cross left over right. Cross right over left.	Back Cross Cross	Forward
Note	Counts 7 - 8 are travelling forward.		
Section 2	1/2 Turn Right, Back Rock, 1/4 Left, Back Rock, 1/2 Right, Full Turn Right		
1 & 2	Triple step 1/2 turn right stepping - left, right, side left.	Triple Turn	Turning right
Restart	Wall 4: start dance again from beginning at this point.		
3 & 4	Rock right back. Recover onto left. Make 1/4 turn left stepping right to right side.	Back Rock Turn	Turning left
5 & 6	Rock left back. Recover onto right. Make 1/2 turn right stepping left in place.	Back Rock Turn	Turning right
7 & 8	Triple step full turn right, stepping - right, left, right.	Triple Full Turn	
Section 3	Ball Step, Run Run, Forward Rock, Coaster Cross, Side Rock Cross		
& 1	Step left slightly forward. Step right forward.	Ball Step	Forward
2 &	Small step/run left forward. Small step/run right forward.	Run Run	
3 - 4	Rock forward on left. Recover onto right.	Forward Rock	On the spot
5 & 6	Step left back. Step right beside left. Cross left over right.	Coaster Cross	
7 & 8	Rock right to right side. Recover onto left. Cross right over left.	Side Rock Cross	Left
Section 4	1/2 Turn, Cross & Rock, Ball Cross, Unwind, Ball Cross, Unwind		
& 1	Turn 1/4 right stepping left back. Turn 1/4 right stepping right to right side.	Turn Turn	Turning right
2 & 3	Cross left over right. Step right to right side. Cross rock left over right.	Cross Side Rock	Right
4	Recover onto right.	Recover	On the spot
& 5	Step left to left side. Cross right over left.	Ball Cross	Left
6	Unwind full turn left (weight finishes on right).	Unwind	Turning left
Option	Replace count 6 (unwind full turn) with Hold.		
& 7	Step left to left side. Cross right over left.	Ball Cross	Left
8 &	Unwind full turn left (weight finishes on right). Step left to left side.	Unwind Step	Turning left
Option	Replace count 8 (unwind full turn) with Hold.		
Note	Counts &5 up to 8& are all travelling to left side.		

Choreographed by:

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UK
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Choreographed to:

'On The Outside' by Roch Voisine (80 bpm) from CD Double; also available from iTunes (32 count intro)

Restart:

There is one Restart, during Wall 4, after count 2 in section 2