



Approved by:

*Karen Coombes*

# The Secret

## 4 WALL – 32 COUNTS – BEGINNER

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
<b>Section 1</b>	<b>Step Pivot 1/2, Step Pivot 1/2, Side Kick, Side Kick</b>		
1 – 4	Step right forward. Pivot 1/2 turn left. Step right forward. Pivot 1/2 turn left.	Step Pivot Step Pivot	Turning left
5 – 6	Step right to right side. Kick left across right.	Side Kick	On the spot
7 – 8	Step left to left side. Kick right across left. (12:00)	Side Kick	
<b>Section 2</b>	<b>Grapevine Right Touch, Grapevine 1/4 Turn Left Scuff</b>		
1 – 2	Step right to right side. Cross left behind right.	Side Behind	Right
3 – 4	Step right to right side. Touch left beside right.	Side Touch	
5 – 6	Step left to left side. Cross right behind left.	Side Behind	Left
7 – 8	Step left to side making 1/4 turn left. Scuff right forward. (9:00)	Turn Scuff	Turning left
<b>Restart</b>	<b>Wall 8:</b> Start the dance again from the beginning at this point (facing 12:00).		
<b>Section 3</b>	<b>Double Hips Right, Double Hips Left, Hips x 4</b>		
1 – 2	Rock forward on right, bumping hips forward twice.	Right Hips	On the spot
3 – 4	Rock back onto left, bumping hips back left twice.	Left Hips	
5 – 8	Bump hips - right, left, right, left.	Hips 2 3 4	
<b>Section 4</b>	<b>Diagonal Steps With Stomps</b>		
1 – 2	Step right forward on right diagonal. Stomp left beside right.	Forward Stomp	Forward
3 – 4	Step left back on left diagonal. Stomp right beside left.	Back Stomp	Back
5 – 6	Step right back on right diagonal. Stomp left beside right.	Back Stomp	
7 – 8	Step left forward on left diagonal. Stomp right beside left, squaring up to wall.	Forward Stomp	Forward

**Choreographed by:** Karen Coombes (AU) May 2014

**Choreographed to:** 'The Secret' by Heartbeat from CD The Secret; download available from amazon, iTunes or www.heartbeatduo.com.au (start on vocals)

**Restart:** One Restart during Wall 8



A video clip of this dance is available at [www.linedancermagazine.com](http://www.linedancermagazine.com)