



Script approved by *Amanda*

Pour Me



Amanda Harvey-Tench

INTERMEDIATE	STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
	Section 1 1 - 4 5 - 8	PART 'A' Side Step, Hold, Hip Bumps, Holds, Hip Bumps. Step right to right side. Hold. Bump hips right. Bump hips left. Hold. Hold. Bump hips right. Bump hips left.	Right Hold Bump Bump Hold Hold Bump Bump	On the spot
	Section 2 9 - 12 13 - 14 15 - 16	Holds, Hip Bumps, Jazzbox. Hold. Hold. Bump hips right. Bump hips left. Cross right over left. Step back on left. Step right to right side. Close left beside right.	Hold Hold Bump Bump Cross Back Side Together	On the spot Back Right
	Section 3 17 & 18 19 - 20 21 & 22 23 - 24	Right Shuffle, Forward Rock, Back Shuffle, Back Rock. Step forward right. Close left beside right. Step forward right. Rock forward on left. Rock back onto right. Step back left. Close right beside left. Step back left. Rock back on right. Rock forward onto left.	Right Shuffle Forward Rock Back Shuffle Back Rock	Forward On the spot Back On the spot
	Section 4 25 - 26 27 - 28 29 - 30 31 - 32	4 x Kicks & Steps leading with Right. Kick right forward across left. Step slightly forward on right. Kick left forward across right. Step slightly forward on left. Kick right forward across left. Step slightly forward on right. Kick left forward across right. Step slightly forward on left.	Kick. Step. Kick. Step. Kick. Step. Kick. Step.	Forward
	Section 5 33 - 34 35 36 - 37 38 39 - 40	Toe, Heel, Cross x 2, Unwind 1/2 Turn Right. Touch right toe to left instep. Touch right heel to left instep. Cross right over left. Touch left toe to right instep. Touch left heel to right instep. Cross left over right. Unwind 1/2 turn right (weight ends on left). Hold.	Toe. Heel. Cross Toe. Heel. Cross Unwind. Hold.	On the spot Left On the spot Right Turning right
	Section 1 1 - 2 3 - 4 5 - 6 7 - 8	PART 'B' Step, Lock, Step, Scuff, Step 1/2 Pivot, Step, Clap. Step forward right. Lock left behind right. Step forward right. Scuff left forward. Step forward left. Pivot 1/2 turn right. Step forward left. Clap hands.	Right. Lock. Right. Scuff. Step. Pivot. Step. Clap.	Forward Turning right
	Section 2 9 10 11 12 13 - 14 15 - 16	'Dwight' Swivels travelling Right, Side Rock Right, Behind, Side. Touch right toe beside left, swivelling left heel to right. Touch right heel beside left, swivelling left toe to right. Touch right toe beside left, swivelling left heel to right. Touch right heel beside left, swivelling left toe to right. Rock to right side on right. Rock weight onto left in place. Cross right behind left. Step left to left side.	Toe Heel Toe Heel Right Rock Behind. Side.	Right On the spot Left
	Section 3 17 - 19 20 - 22 23 - 24	Touch, Diagonal Kick, Cross x 2, Back Rock. Touch right beside left. Kick right to right diagonal. Cross right over left. Touch left beside right. Kick left to left diagonal. Cross left over right. Rock back on right. Rock forward onto left.	Touch Kick Cross Touch Kick Cross Back. Rock.	On the spot
	Section 4 25 - 26 27 - 28 29 - 30 31 - 32	Step, 1/2 Pivot, Step, Hold, x 2. Step forward right. Pivot 1/2 turn left. Step forward right. Hold. (Optional clap on hold). Step forward left. Pivot 1/2 turn right. Step forward left. Hold. (Optional clap on hold).	Step. Pivot Step. Hold. Step. Pivot. Step. Hold.	Turning left Forward Turning right Forward

Choreographers Note:- The first two counts of the dance start on the first two words of the song '...Pour Me' (The music will tell you what to do).

2 Wall Phased Line Dance:- A - 40 Counts, B - 32 Counts. Intermediate Level.

Choreographed by:- Amanda Harvey-Tench (UK) March 2001

Choreographed to:- 'Pour Me' by Trick Pony (184 bpm) Trick Pony album.

Sequence:- A A, B B, A A, B B B B, A A B A (A - Chorus, B - Verse).