

Forward Kicks And Side Touches

- 1 & Kick Left Forward. Step Left Beside Right.
2 Touch Right Toe Out To Right Side.
3 & Kick Right Forward. Step Right Beside Left.
4 Touch Left Toe Out To Left Side.
5 - 8 Repeat Steps 1 - 4

Left Kick Ball Change, 1/2 Turn Right & Step Together.

- 9 & 10 Kick Left Forward. Step Left Beside Right. Step Right In Place.
11 Step Forward On Left Making 1/2 Turn Right.
12 Step Right Beside Left.
13 - 16 Repeat Steps 9 - 12

Toe & Heel Touches, Kick Ball Change, 1/4 Turn Left.

- 17 & Touch Left Toe To Left Side. Step Left Beside Right.
18 & Touch Right Toe To Right Side. Step Right Beside Left.
19 & Touch Left Heel Forward. Step Left Beside Right.
20 & Touch Right Heel Forward. Step Right Beside Left.
21 & 22 Kick Left Foot Forward. Step Left Beside Right. Step Right In Place.
23 Step Forward On Left Making 1/4 Turn Right.
24 Step Right Beside Left.

Left Right - Kick Hook & 1/4 Turn Left - Step Left.

- 25 - 26 Step Forward Left. Step Forward Right.
27 Kick Left Foot Forward.
& Hook Left Heel To Right Knee Swivelling 1/4 Turn Left.
28 Step Down On Left (feet Shoulder Width Apart, Toes Pointing 45o Left)
29 - 30 Twist Heels Left. Twist Heels Right.
31 & Twist Heels Left. Twist Heels Right.
32 Twist Heels Left Making 1/4 Turn Right.

Rock Steps & Coaster Steps.

- 33 - 34 Rock Forward On Left. Rock Back Onto Right.
35 & 36 Step Back Left. Step Right Beside Left. Step Forward Left.
37 - 38 Rock Forward On Right. Rock Back Onto Left.
39 & 40 Step Back Right. Step Right Beside Left. Step Forward Right.

Side Rocks And Triple Steps.

- 41 - 42 Rock Left To Left Side. Rock Weight Onto Right.
43 & 44 Triple Step On Spot - Left, Right, Left.
45 - 46 Rock Right To Right Side. Rock Weight Onto Left.
47 & 48 Triple Step On Spot - Right, Left, Right.