



Approved by:

*Gaye Teather*

# She And I

## 2 WALL – 32 COUNTS – IMPROVER

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
<b>Section 1</b>	<b>Forward Shuffle, Step, Pivot 1/2, Forward Shuffle, Full Turn</b>		
1 & 2	Step right forward. Close left beside right. Step right forward.	Right Shuffle	Forward
3 – 4	Step left forward. Pivot 1/2 turn right.	Step Pivot	Turning right
5 & 6	Step left forward. Close right beside left. Step left forward.	Left Shuffle	Forward
7 – 8	Turn 1/2 left stepping right back. Turn 1/2 left stepping left forward. (6:00)	Full Turn	Turning left
<b>Option</b>	Replace full turn with Walk forward - right, left.		
<b>Section 2</b>	<b>Kick Ball Cross x 2, Side Rock &amp; Side, Drag</b>		
1 & 2	Kick right forward. Step right beside left. Cross left over right.	Kick Ball Cross	On the spot
3 & 4	Kick right forward. Step right beside left. Cross left over right.	Kick Ball Cross	
5 – 6	Rock right to right side. Recover onto left.	Side Rock	
& 7 – 8	Step right beside left. Step left long step to left side. Drag right to touch left.	& Side Drag	Left
<b>Restart</b>	<b>Wall 4</b> (facing 12:00): Restart the dance from the beginning.		
<b>Section 3</b>	<b>Walk Back x 2, Coaster Step, Walk Forward x 2, Kick Ball Point</b>		
1 – 2	Walk back right (popping left knee forward). Walk back left (popping right knee).	Back Back	Back
<b>Styling</b>	Try swivelling left heel in on left knee pop and right heel in on right knee pop.		
3 & 4	Step right back. Step left beside right. Step right forward.	Coaster Step	On the spot
5 – 6	Walk forward left. Walk forward right.	Walk Walk	Forward
7 & 8	Kick left forward. Step left beside right. Point right to right side.	Kick Ball Point	On the spot
<b>Section 4</b>	<b>Sailor Step, 1/4 Sailor Step, Cross, Unwind 3/4 With Heel Bounces, Coaster Step</b>		
1 & 2	Cross right behind left. Step left to left side. Step right to right side.	Right Sailor	On the spot
3 & 4	Turn 1/4 left crossing left behind right. Step right to right side. Step left to left side.	Turn Left Sailor	Turning left
5 & 6	Cross right over left. Unwind 3/4 left bouncing heels twice (weight on right). (6:00)	Cross Unwind	
7 & 8	Step left back. Step right beside left. Step left forward.	Coaster Step	On the spot

**Choreographed by:** Gaye Teather (UK) February 2014

**Choreographed to:** 'She And I' by Toby Keith from CD Alabama & Friends; download available from amazon or iTunes; FREE download version by Dave Sheriff from www.linedancermagazine.com for subscribers (start on vocals)

**Restart:** One Restart during Wall 4



A video clip of this dance is available at [www.linedancermagazine.com](http://www.linedancermagazine.com)