



Approved by:

Gudrun Schneider

Sailor Dance

4 WALL – 32 COUNTS – IMPROVER

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1	Out Out, In In, Jazz Box Cross		
1 – 2	Step right forward diagonally right. Step left forward and diagonally left.	Out Out	Forward
3 – 4	Step right back to centre. Step left beside right.	In In	Back
5 – 8	Cross right over left. Step left back. Step right to right side. Cross left over right.	Jazz Box Cross	On the spot
Section 2	Kick Ball Cross, Side Rock, Right Sailor Step, Left Sailor 1/4 Turn		
1 & 2	Kick right forward to right diagonal. Step right beside left. Cross left over right.	Kick Ball Cross	Right
3 – 4	Rock right to right side. Recover onto left.	Side Rock	On the spot
5 & 6	Cross right behind left. Step left to left side. Step right to place.	Right Sailor	
7 & 8	Cross left behind right. Turn 1/4 left stepping right to right side. Step left forward.	Sailor Turn	Turning left
Section 3	Forward Shuffle, Step Pivot 1/2, Forward Rock, Coaster Step		
1 & 2	Step right forward. Close left beside right. Step right forward. (9:00)	Right Shuffle	Forward
3 – 4	Step left forward. Pivot 1/2 turn right. (3:00)	Step Pivot	Turning right
5 – 6	Rock forward on left. Recover onto right.	Rock Forward	On the spot
7 & 8	Step left back. Step right beside left. Step left forward.	Coaster Step	
Section 4	Step Pivot 1/4, Cross Shuffle, Side Rock, Sailor 1/4 Turn		
1 – 2	Step right forward. Pivot 1/4 turn left. (12:00)	Step Pivot	Turning left
3 & 4	Cross right over left. Step left to left side. Cross right over left.	Cross Shuffle	Left
5 – 6	Rock left to left side. Recover onto right.	Side Rock	On the spot
7 & 8	Cross left behind right. Turn 1/4 left stepping right to side. Step left forward. (9:00)	Sailor Turn	Turning left
Tag	End of Walls 1 and 5 (facing 9:00): Step Pivot 1/2, Step Pivot 1/2		
1 – 4	Step right forward. Pivot 1/2 turn left. Step right forward. Pivot 1/2 turn left.	Step Pivot Step Pivot	Turning left

Choreographed by: Gudrun Schneider (DE) August 2014

Choreographed to: 'Sailor Dance' by Banaroo from CD Best Of: Banaroo; download available from amazon or iTunes (start on vocals)

Tag: One easy Tag, danced after Walls 1 and 5



A video clip of this dance is available at www.linedancermagazine.com