

**Heel Struts Forward Right, Left, Right And Stroll Back.**

- 1 - 2 Touch Right Heel Forward. Drop Right Toe To Floor.  
3 - 4 Touch Left Heel Forward. Drop Left Toe To Floor.  
5 - 6 Touch Right Heel Forward. Drop Right Toe To Floor.  
7 - 8 Step Left Foot Back. Step Right Foot Back.  
9 - 10 Step Left Foot Back. Touch Right Foot Next To Left.

**2 X Right Shimmy, 2 X Left Shimmy.**

- 11 - 12 Step Right To Right Side And Shimmy.  
13 - 14 Slide Left Beside Right. Step Left Beside Right.  
15 - 18 Repeat Steps 11 - 14  
19 - 20 Step Left To Left Side And Shimmy.  
21 - 22 Slide Right Beside Left. Step Right Beside Left.  
23 - 26 Repeat Steps 19 - 22

**2 X Right Kick Ball Cross.**

- 27 & 28 Kick Right Forward. Step Right Beside Left. Cross Left Over Right.  
29 & 30 Kick Right Forward. Step Right Beside Left. Cross Left Over Right.  
31 - 32 Unwind 1/2 Turn Right.  
33 & 34 Kick Left Forward. Step Left Beside Right. Cross Right Over Left.  
35 & 36 Kick Left Forward. Step Left Beside Right. Cross Right Over Left.  
37 - 38 Unwind 1/2 Turn Left.

**Step Pivot 1/4 Turn Left, Step Pivot 1/2 Turn Right.**

- 39 Step Forward On Right.  
40 Pivot 1/4 Turn Left Taking Weight Onto Left.  
41 Step Forward On Right.  
42 Pivot 1/2 Turn Left Taking Weight Onto Left.
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