

"Up" by The Saturdays was also "Up-The-Charts" for this popular dance. Still seeing it listed on social requests.

### 4 WALL - 32 COUNTS - INTERMEDIATE

Steps	Actual Footwork	Calling Suggestion	Direction
<b>Section 1</b>	<b>Cross, 1/4 Turn, Coaster Step, Step, 1/2 Turn, Shuffle 1/2 Turn</b>		
1 - 2	Cross right over left. Make 1/4 turn right and step left back. (3:00) Cross Quarter Turning right		
3 & 4	Step right back. Step left beside right. Step right forward. Coaster Step On the spot		
5 - 6	Step left forward. Make 1/2 turn left and step right back. (9:00) Step Half Turning left		
7 & 8	Shuffle step 1/2 turn left - stepping, left, right, left. (3:00) Shuffle Half		
<b>Restart</b>	<b>Wall 10</b> (facing 12:00): restart dance again from the beginning.		
<b>Section 2</b>	<b>Cross, Back, Ball Cross x 3, Side, Behind, Side, Heel</b>		
1 - 2	Cross right over left. Step left back. Cross Back Back		
& 3 &	Step right beside left. Cross left over right. Step right beside left. & Cross & Right		
4 & 5	Cross left over right. Step right beside left. Cross left over right. Cross & Cross		
6	Step right to right side. Side		
7 & 8	Cross left behind right. Step right to right side. Tap left heel to left diagonal. Behind Side Heel		
<b>Section 3</b>	<b>Ball Cross, 1/4 Turn, Shuffle 1/2 Turn, Mambo 1/4 Turn, Cross Shuffle</b>		
& 1 - 2	Step left beside right. Cross right over left. Make 1/4 turn right and step left back. & Cross Quarter Turning right		
3 & 4	Shuffle step 1/2 turn right, stepping - right, left, right. (12:00) Shuffle Half		
5 & 6	Rock left forward left. Recover onto right. Make 1/4 turn left and step left to side. Mambo Quarter Turning left		
7 & 8	Cross right over left. Step left to left side. Cross right over left. (9:00) Cross Shuffle Left		
<b>Section 4</b>	<b>1/4 Turn, 1/2 Turn, Step, Pivot 1/4, Cross, Side, Sailor Step</b>		
1 - 2	Make 1/4 turn right and step left back. Make 1/2 turn right and step right forward. Quarter Half Turning right		
3 - 4	Step left forward. Pivot 1/4 turn right. (9:00) Step Pivot		
5 - 6	Cross left over right. Step right to right side. Cross Side Right		
7 & 8	Cross left behind right. Step right to right side. Step left to place. Sailor Step On the spot		

**Choreographed by:**

**Andrew, Simon & Sheila**  
UK  
December 2008

**Choreographed to:**

'Up' by The Saturdays (117 bpm) CD Single; also available as download from amazon.co.uk or iTunes (start on lyrics)

**Restart:**

There is one Restart, during Wall 10, at the end of Section 1



A video clip of this dance is available at [www.linedancermagazine.com](http://www.linedancermagazine.com)