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Focus

64 Count, 2 Wall, Intermediate (Phrased)
Choreographer: Michael Metzger (USA) Dec 2015
Choreographed to: Focus by Ariana Grande

Sequence: A, B, A, A, B, A, Tag1 , A, B, Tag2, A, A

Section A – 32 counts

A[1-8] Kick Ball Step, Rock, Recover, Step Back with Shoulder Pops, Shuffle Back, Coaster

1&2 Kick R forward, Step R down, Step L forward

&3&4 Rock R forward, Recover L back, Pop right shoulder up and left shoulder down,
Step R back and pop left shoulder up and right shoulder down

5&6 Shuffle back L, R, L

7&8 Step R back, Step L together, Step R forward

A[9-16] Skater Step x4, Pivot Turn, Double Time Pivot Turn with ¼ Turn and Point

1, 2 Slide L forward and to the left, Slide R forward and to the right

3, 4 Slide L forward and to the left, Slide R forward and to the right

5, 6 Step forward on L, Pivot ½ to right and shift weight to R (6:00)

7&8 Step forward on L, Pivot ½ to right and shift weight to R (12:00),
Turn ¼ to right and point L to the side (3:00)

A[17-24] Cross, Back, Together, Cross, Back, ¼ Turn, ¼ Turn, Side Rock, Recover, Cross, Side, Behind, Side, Heel Touch

1&2 Cross L over R, Step R back, Step L together

&3&4 Cross R over L, Step L back, Turn ¼ right and step R to side (6:00), Turn ¼ right and step
L forward (9:00)

5&6 Rock R to side, Recover to L, Cross R over L

&7&8 Step L to side, Cross R behind L, Step L to side, Tap R heel to side and slightly forward

A[25-32] Step Together, Cross, Side, ¼ Turn left and Cross, Step Back, Coaster Step, Spin Forward

1, 2 Bring R in and step together, Cross L over R

3&4 Step R to side, Turn ¼ left and cross L over R (lock step) (6:00), Step R back

5&6 Step L back, Step R together, Step L forward

7, 8 Turn ½ left and step R back (12:00), Turn ½ left and step L forward (6:00)
(This is a good place for double or triple spins.)

Section B – 32 counts

B[1-8] Rock, Recover, Step Back with ¼ Turn and Sweep, Behind Side Cross, Point, Cross, Point

1, 2 Rock R forward, Recover back on L

3 Step back on R with ¼ turn left and sweep L foot around (9:00)

4&5 Cross L behind R, Step R to side, Cross L over R

6, 7, 8 Point R to side, Cross R over L, Point L to side

B[9-16] Rock, Recover, Step Back with ¼ Turn and Sweep, Behind Side Cross, Point, Cross, Point

1, 2 Rock L forward, Recover back on R

3 Step back on L with ¼ turn right and sweep L foot around (12:00)

4&5 Cross R behind L, Step L to side, Cross R over L

6, 7, 8 Point L to side, Cross L over R, Point R to side

B[17-24] Rock, Recover, ½ Turn Shuffle Step, Step Forward, Touch Forward on Diagonal, Step Back, Touch Back on Diagonal

1, 2 Rock forward on R, Recover back on L

3&4 ¼ Turn right and step R to side (3:00), Step L together, ¼ Turn right and step R forward (6:00)

5, 6 Step L forward, Touch R heel forward and slightly to the right

7, 8 Step R back, Touch L toe back and slightly to the left

B[25-32]**Cross, Side, Behind Side Cross, Side Rock, Recover, Behind, Side,
Point Across With Fingers Pointing at Toe!**

- 1, 2 Cross L over R, Step R to side
3&4 Cross L behind R, Step R to side, Cross L over R
5, 6 Rock R to side, Recover to L
7&8 Cross R behind L, Step L to side, Point R toe across L while pointing with both hands at your R toe

Tag 1: (when Ariana Grande says, "1, 2, 3...")**Jazz box**

- 1, 2 Cross R over L, Step L Back
3, 4 Step R back, Step L forward

Tag 2: (when Ariana Grande hits her high note!)**Step to Side, Point Cross Behind, Step to Side, Point Across With Fingers
Pointing at Toe**

- 1, 2 Step R to side, Cross point L behind R
3, 4 Step L to side, Point R toe across L while pointing with both hands at your R toe
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