



Script approved by

Stephen Sunter

Shout Out Loud



STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1 1 2 3 - 8	1/4 Turn Knee Rolls with Side Step and Click, x 4. Step left to left side rolling left knee and making 1/4 turn left. Step right to right side clicking fingers. Repeat steps 1 & 2 above, three more times to finish facing front.	Turn Step	Turning left On the spot
Section 2 1 - 2 3 & 4 5 - 6 7 & 8	Skates, Side Chasse, Cross Rock, Triple 1 & 1/4 Turn Right. Skate left forward. Skate right forward. Step left to left side. Step right together. Step left to left side. Cross rock right over left. Rock back onto left. Step right 1/4 turn right. Make 1/2 turn right stepping back onto left. Make 1/2 turn right stepping forward onto right.	Skate Skate Side Close Side Cross Rock Triple Turn	Forward Left On the spot Turning right
Section 3 1 - 2 3 - 4 5 - 6 & 7 8	Walks Forward, Rock Step, Walks Back, Out Out, Bump Hips. Step forward left. Step forward right. Rock forward on left. Rock back onto right. Step back left. Step back right. Step left to left side. Step ball of right to right side, no weight. Bump hips to right side with attitude, taking weight.	Walk Walk Rock Step Walk Walk Out Out Bump	Forward On the spot Back On the spot
Section 4 1 & 2 & 3 & 4 Note:- 5 - 6 7 & 8	Hip Bumps, 1/4 Turn Hip Bump, Step Lock, Step Lock Step. Bump hips - Left, Right, Left, Right (with attitude). Bump hips - Left, Right (with attitude). Bump hips left making 1/4 turn right and pop right knee forward. Weight ends back on left. Step forward right. Lock left behind right. Step forward right. Close left beside right. Step forward right.	Bump & Bump & Bump & Turn Step Lock Step Lock Step	On the spot Turning right Forward
Section 5 & 1 & 2 3 & 4 Option:- 5 & 6 7 - 8	Paddle 3/4 Turn, Full Turn Kick and Sit, Sailor Step, Cross Unwind. Hitch left knee making 1/4 turn right. Touch left to left side. Hitch left knee making 1/2 turn right. Touch left to left side. Make full turn right on ball of right foot kicking left slightly to side. Step down onto left. Bend left knee making a sitting position, weight on left. Full turn at step 3 can be replaced with kick forward. Cross right behind left. Step left to left side. Step right to right side. Cross left over right. Unwind full turn right (weight ends on left).	& 1/4 & 1/2 Turn Step Sit Sailor Step Cross Unwind	Turning right Turning right On the spot Turning right
Section 6 1 & 2 3 - 4 5 - 6 7 - 8	Right Chasse, Cross Rock, Rolling Vine, Cross Right Over Left. Step right to right side. Step left beside right. Step right to right side. Cross left over right. Rock back onto right. Step left 1/4 turn left. Make 1/2 turn left stepping back onto right. Make 1/4 turn left stepping left to left side. Cross right over left.	Side Close Side Cross Rock Turn Turn Turn Cross	Right On the Spot Turning Left Turning Left

INTERMEDIATE

4 Wall Line Dance:- 48 Counts. Intermediate.

Choreographed by:- Stephen Sunter (UK) April 03.

Choreographed to:- 'Can't Hold Us Down' by Christina Aguilera (98 bpm) from Stripped album (start on vocals).